

Meal	May 3rd				May 4th				May 5th				May 6th				May 7th			
	MONDAY				TUESDAY				WEDNESDAY				THURSDAY				FRIDAY			
	Food Item	1-2 yrs	3-5yrs	6+ yrs	Food Item	1-2 yrs	3-5yrs	6+ yrs	Food Item	1-2 yrs	3-5yrs	6+ yrs	Food Item	1-2 yrs	3-5yrs	6+ yrs	Food Item	1-2 yrs	3-5yrs	6+ yrs
<b>BREAKFAST:</b>	Milk	4oz	6oz	8oz	Milk	4oz	6oz	8oz	Milk	4oz	6oz	8oz	Milk	4oz	6oz	8oz	Milk	4oz	6oz	8oz
<b>MILK, FLUID JUICE, FRUIT, VEGETABLE GRAIN/BREAD</b>	Rice Krispy	3/4C	3/4C	11/4C	Pancakes WG	1	1	2	WW Mini Bagel Cream Cheese	1	1	2	Applesauce Egg patty	1/4C 1	1/2C 1	1/2C 1	Cheerios WG	1/2C	1/2C	1C
	Banana	1/2	1	1	Pears	1/4C	1/2C	1/2C	Pineapple	1/4C	1/2C	1/2C	Corn Muffin	1/2	1/2	1	Peaches	1/4C	1/2C	1/2C
<b>LUNCH:</b>	Milk	4oz	6oz	8oz	Milk	4oz	6oz	8oz	Milk	4oz	6oz	8oz	Milk	4oz	6oz	8oz	Milk	4oz	6oz	8oz
<b>MILK, FLUID MEAT/MEAT ALTERNATE 1st FRUIT/VEG 2nd FRUIT/VEG GRAIN/BREAD OTHER</b>	WW English Muffin	1/2	1/2	1	Turkey Sausage	1	1.5	2	Fish Sticks CN	2	3	4	Chicken Meatball	2	2	3	Beef Crumble	1oz	1.5oz	2oz
	Cheese	1oz	1.5oz	2oz	WG Mini Bagel	1	1	1	WW Bread	1/2	1/2	1	Brown Rice	1/4C	1/4C	1/2C	Pasta	1/4C	1/4C	1/2C
	Lettuce	1/4C	1/2C	1C	Apple Slices	1/8C	1/4C	1/4C	Peaches	1/8C	1/4C	1/4C	Pears	1/8C	1/4C	1/4C	WW			
	Pineapple	1/8C	1/4C	1/4C	Hash Brown	1/2	1	2	Corn	1/8C	1/4C	1/2C	Broccoli	1/8C	1/4C	1/2C	Fruit Cocktail	1/8C	1/4C	1/4C
	Tomato Soup	Cond	Cond	Cond	Water				Water				Water				Peas	1/8C	1/4C	1/2C
<b>P.M. SNACK:</b>	Water				Water				Water				Water				Water			
<b>CHOOSE 2 MILK, FLUID MEAT/MEAT ALTERNATE GRAIN/BREAD JUICE/FRUIT</b>	WG Biscuit	1/2	1/2	1	WG Veggie Cracker	1/2PK	1/2PK	1 PK	Corn loaf	1/2	1/2	1	Yogurt	1/4C	1/4C	1/2C	String Cheese	1/2	1/2	1
	Sun butter	1 TBL	1 TBL	2 TBL	Orange	1	1	1 1/2	Apple	1/2	1/2	3/4	Carrot Sticks	6	6	9	Wheat Cracker	8	8	16

(WW)=Whole wheat  
(WG)=Whole grain  
(TBL)=Tablespoon  
(CN)= Child Nutrition  
(PK)= Packet  
(C)=Cup  
(Cond)= Condiment  
(SL) = Slices  
12-23 months Whole Milk (unflavored)  
24-60 months 1% Milk (unflavored)

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Meal	May 10th				May 11th				May 12th				May 13th				May 14th			
	MONDAY				TUESDAY				WEDNESDAY				THURSDAY				FRIDAY			
	Food Item	1-2 yrs	3-5yrs	6+ yrs	Food Item	1-2 yrs	3-5yrs	6+ yrs	Food Item	1-2 yrs	3-5yrs	6+ yrs	Food Item	1-2 yrs	3-5yrs	6+ yrs	Food Item	1-2 yrs	3-5yrs	6+ yrs
<b>BREAKFAST:</b>	Milk	4oz	6oz	8oz	Milk	4oz	6oz	8oz	Milk	4oz	6oz	6oz	Milk	4oz	6oz	8oz	Milk	4oz	6oz	8oz
<b>MILK, FLUID JUICE, FRUIT, VEGETABLE GRAIN/BREAD</b>	WW Mini Bagel Cream Cheese	1	1	2	Applesauce Egg patty	1/4C 1	1/2C 1	1/2C 1	Cheerios WG	1/2C	1/2C	1C	Rice Krispy	3/4C	3/4C	11/4C	Pancakes WG	1	1	2
	Pears	1/4C	1/2C	1/2C	Corn Muffin	1/2	1/2	1	Banana	1/2	1	1	Peaches	1/2	1	1	Pineapple	1/4C	1/2C	1/2C
<b>LUNCH:</b>	Milk	4oz	6oz	8oz	Milk	4oz	6oz	8oz	Milk	4oz	6oz	8oz	Milk WG	4oz	6oz	8oz	Milk	4oz	6oz	8oz
<b>MILK, FLUID MEAT/MEAT ALTERNATE 1st FRUIT/VEG 2nd FRUIT/VEG GRAIN/BREAD OTHER</b>	Turkey Gravy	3 SL Cond	4 SL Cond	5 SL Cond	Turkey Ham WW Roll	1oz 1/2	1.5oz 1/2	2oz 1	Beef Crumbles WW tortilla Shredded Cheddar	1oz 1 Cond	1.5oz 1 Cond	2oz 2 Cond	Chicken Nugget CN	3	5	5	WG Elbow Pasta Chicken Diced Cheddar Sauce	1/4C 1oz Cond	1/4C 1.5oz Cond	1/2C 2oz Cond
	Mashed Potato	1/8C	1/4C	1/2C	Pineapple	1/8C	1/4C	1/4C	Apple Slices	1/8C	1/4C	1/4C	Fruit Cocktail	1/8C	1/4C	1/4C	Pears	1/8C	1/4C	1/4C
	WG Bread	1/2SL	1/2SL	1SL	Mixed Veg	1/8C	1/4C	1/2C	Romaine lettuce	1/4C	1/2C	1C	Green Beans	1/8C	1/4C	1/2C	Broccoli	1/8C	1/4C	1/2C
<b>P.M. SNACK: CHOOSE 2 MILK, FLUID MEAT/MEAT ALTERNATE GRAIN/BREAD JUICE/FRUIT</b>	Water				Water				Water				Water				Water			
	WG Veggie Cracker	1/2PK	1/2PK	1 PK	String Cheese	1/2	1/2	1	Yogurt	1/4C	1/4C	1/2C	Corn loaf	1/2	1/2	1	WG Biscuit	1/2	1/2	1
	Orange	1	1	1 1/2	Wheat Cracker	8	8	16	Carrot Sticks	6	6	9	Apple	1/2	1/2	3/4	Sun butter	1 TBL	1 TBL	2 TBL

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(C)=Cup  
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12-23 months Whole Milk (unflavored)  
24-60 months 1% Milk (unflavored)

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Meal	May 17th				May 18th				May 19th				May 20th				May 21st			
	MONDAY				TUESDAY				WEDNESDAY				THURSDAY				FRIDAY			
	Food Item	1-2 yrs	3-5yrs	6+ yrs	Food Item	1-2 yrs	3-5yrs	6+ yrs	Food Item	1-2 yrs	3-5yrs	6+ yrs	Food Item	1-2 yrs	3-5yrs	6+ yrs	Food Item	1-2 yrs	3-5yrs	6+ yrs
<b>BREAKFAST:</b>	Milk	4oz	6oz	8oz	Milk	4oz	6oz	6oz	Milk	4oz	6oz	8oz	Milk	4oz	6oz	8oz	Milk	4oz	6oz	8oz
<b>MILK, FLUID JUICE, FRUIT, VEGETABLE GRAIN/BREAD</b>	Applesauce	1/4C	1/2C	1/2C	Cheerios WG	1/2C	1/2C	1C	Rice Krispy	3/4C	3/4C	11/4C	Pancakes WG	1	1	2	WW Mini Bagel	1	1	2
	Egg patty	1	1	1													Cream Cheese			
	Corn Muffin	1/2	1/2	1	Peaches	1/4C	1/2C	1/2C	Banana	1/2	1	1	Pineapple	1/4C	1/2C	1/2C	Pears	1/4C	1/2C	1/2C
<b>LUNCH:</b>	Milk	4oz	6oz	8oz	Milk	4oz	6oz	8oz	Milk	4oz	6oz	8oz	Milk	4oz	6oz	8oz	Milk	4oz	6oz	8oz
<b>MILK, FLUID MEAT/MEAT ALTERNATE 1st FRUIT/VEG 2nd FRUIT/VEG GRAIN/BREAD OTHER</b>	Turkey Dog	1	1	1 1/2	English Muffin	1/2	1/2	1	Turkey Sausage	1	1.5	2	Fish Sticks CN	2	3	4	Chicken	2	2	3
	WW Roll	1/2	1/2	1	Cheese	1oz	1.5oz	2oz	WG Mini Bagel	1	1	1	WW Bread	1/2	1/2	1	Meatball			
					Lettuce	1/4C	1/2C	1C									Brown Rice	1/4C	1/4C	1/2C
	Pears	1/8C	1/4C	1/4C	Pineapple	1/8C	1/4C	1/4C	Applesauce	1/8C	1/4C	1/4C	Fruit Cocktail	1/8C	1/4C	1/4C	Peaches	1/8C	1/4C	1/4C
	Sweet Potato Fries	3	5	10	Tomato Soup	Cond	Cond	Cond	Hash Brown	1 1/2	1	2	Corn	1/8C	1/4C	1/2C	Peas	1/8C	1/4C	1/2C
<b>P.M. SNACK:</b>	Water				Water				Water				Water				Water			
<b>CHOOSE 2 MILK, FLUID MEAT/MEAT ALTERNATE GRAIN/BREAD JUICE/FRUIT</b>	Yogurt	1/4C	1/4C	1/2C	Corn loaf	1/2	1/2	1	WG Biscuit	1/2	1/2	1	String Cheese	1/2	1/2	1	WG Veggie Cracker	1/2PK	1/2PK	1 PK
	Carrot Sticks	6	6	9	Apple	1/2	1/2	3/4	Sun butter	1 TBL	1 TBL	2 TBL	Wheat Cracker	8	8	16	Orange	1	1	1 1/2

(WW)=Whole wheat  
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(CN)= Child Nutrition  
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12-23 months Whole Milk (unflavored)  
24-60 months 1% Milk (unflavored)

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Meal	May 24th				May 25th				May 26th				May 27th				May 28th			
	MONDAY				TUESDAY				WEDNESDAY				THURSDAY				FRIDAY			
	Food Item	1-2 yrs	3-5yrs	6+ yrs	Food Item	1-2 yrs	3-5yrs	6+ yrs	Food Item	1-2 yrs	3-5yrs	6+ yrs	Food Item	1-2 yrs	3-5yrs	6+ yrs	Food Item	1-2 yrs	3-5yrs	6+ yrs
<b>BREAKFAST:</b>	Milk	4oz	6oz	8oz	Milk	4oz	6oz	8oz	Milk	4oz	6oz	8oz	Milk	4oz	6oz	8oz	Milk	4oz	6oz	8oz
<b>MILK, FLUID JUICE, FRUIT, VEGETABLE GRAIN/BREAD</b>	Pancakes WG	1	1	2	Rice Krispy	3/4C	3/4C	11/4C	WW Mini Bagel Cream Cheese	1	1	2	Cheerios WG	1/2C	1/2C	1C	Applesauce	1/4C	1/2C	1/2C
	Pineapple	1/4C	1/2C	1/2C	Banana	1/2	1	1	Pears	1/4C	1/2C	1/2C	Peaches	1/4C	1/2C	1/2C	Corn Muffin	1/2	1/2	1
<b>LUNCH:</b>	Milk	4oz	6oz	8oz	Milk	4oz	6oz	8oz	Milk	4oz	6oz	8oz	Milk	4oz	6oz	8oz	Milk	4oz	6oz	8oz
<b>MILK, FLUID MEAT/MEAT ALTERNATE 1st FRUIT/VEG 2nd FRUIT/VEG GRAIN/BREAD OTHER</b>	Beef Crumble	1oz	1.5oz	2oz	Turkey Gravy	3 SL	4 SL	5 SL	Turkey Ham	1oz	1.5oz	2oz	Beef Crumbles	1oz	1.5oz	2oz	Chicken Nugget	3	5	5
	Pasta WW	1/4C	1/4C	1/2C	Mashed Potato	1/8C	1/4C	1/2C	WW Roll	1/2	1/2	1	WW tortilla	1	1	2	CN			
	Peaches	1/8C	1/4C	1/4C	Apple Slices	1/8C	1/4C	1/4C	Fruit Cocktail	1/8C	1/4C	1/4C	Shredded Cheddar	Cond	Cond	Cond	Pears	1/8C	1/4C	1/4C
	Broccoli	1/8C	1/4C	1/2C	WG Bread	1/2SL	1/2SL	1SL	Mixed Veg	1/8C	1/4C	1/2C	Pineapples	1/8C	1/4C	1/4C	Green Beans	1/8C	1/4C	1/2C
<b>P.M. SNACK:</b>	Water				Water				Water				Water				Water			
<b>CHOOSE 2 MILK, FLUID MEAT/MEAT ALTERNATE GRAIN/BREAD</b>	String Cheese	1/2	1/2	1	WG Biscuit	1/2	1/2	1	Corn loaf	1/2	1/2	1	Yogurt	1/4C	1/4C	1/2C	WG Veggie Cracker	1/2PK	1/2PK	1 PK
<b>JUICE/FRUIT</b>	Wheat Cracker	8	8	16	Sun butter	1 TBL	1 TBL	2 TBL	Apple	1/2	1/2	3/4	Carrot Sticks	6	6	9	Orange	1	1	1 1/2

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12-23 months Whole Milk (unflavored)  
24-60 months 1% Milk (unflavored)

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Meal	May 31st				June 1st				June 2nd				June 3rd				June 4th			
	MONDAY				TUESDAY				WEDNESDAY				THURSDAY				FRIDAY			
	Food Item	1-2 yrs	3-5yrs	6+ yrs	Food Item	1-2 yrs	3-5yrs	6+ yrs	Food Item	1-2 yrs	3-5yrs	6+ yrs	Food Item	1-2 yrs	3-5yrs	6+ yrs	Food Item	1-2 yrs	3-5yrs	6+ yrs
<b>BREAKFAST:</b>					Milk	4oz	6oz	8oz	Milk	4oz	6oz	8oz	Milk	4oz	6oz	8oz	Milk	4oz	6oz	8oz
MILK, FLUID JUICE, FRUIT, VEGETABLE GRAIN/ BREAD					Pancakes WG	1	1	2	Applesauce Egg patty	1/4C 1	1/2C 1	1/2C 1	Rice Krispy	3/4C 3/4C	11/4C	WW Mini Bagel Cream Cheese	1	1	2	
<b>LUNCH:</b>					Pineapple	1/4C	1/2C	1/2C	Corn Muffin	1/2	1/2	1	Banana	1/2	1	1	Pears	1/4C	1/2C	1/2C
MILK, FLUID MEAT/MEAT ALTERNATE 1st FRUIT/VEG 2nd FRUIT/VEG GRAIN/BREAD OTHER					Milk	4oz	6oz	8oz	Milk WW	4oz	6oz	8oz	Milk	4oz	6oz	8oz	Milk	4oz	6oz	8oz
					Turkey Dog WW Roll	1 1/2	1 1/2	1 1/2 1	English Muffin Cheese	1/2 1oz	1/2 1.5oz	1 2oz	Turkey Sausage WW Mini Bagel	1 1	1.5 1	2 1	Fish Sticks CN WW Bread	2 1/2	3 1/2	4 1
					Peaches	1/8C	1/4C	1/4C	Lettuce Pineapple	1/4C 1/8C	1/2C 1/4C	1C 1/4C	Fruit Cocktail	1/8C	1/4C	1/4C	Apple Slices	1/8C	1/4C	1/4C
<b>P.M. SNACK:</b>					Sweet Potato Fries	3	5	10	Tomato Soup	Cond	Cond	Cond	Hash Brown	1 1/2	1	2	Corn	1/8C	1/4C	1/2C
CHOOSE 2 MILK, FLUID MEAT/MEAT ALTERNATE GRAIN/ BREAD					Water				Water				Water				Water			
					String Cheese	1/2	1/2	1	WG Veggie Cracker	1/2PK	1/2PK	1 PK	Corn loaf	1/2	1/2	1	Yogurt	1/4C	1/4C	1/2C
JUICE/FRUIT					Wheat Cracker	8	8	16	Orange	1	1	1 1/2	Apple	1/2	1/2	3/4	Carrot Sticks	6	6	9

(WW)=Whole wheat  
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 (TBL)=Tablespoon  
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