



Menu for Week of : February 26th

2018

Meal	February 26th				February 27th				February 28th				March 1st				March 2nd			
	MONDAY				TUESDAY				WEDNESDAY				THURSDAY				FRIDAY			
	Food Item	1-2 yrs	3-5yrs	6+ yrs	Food Item	1-2 yrs	3-5yrs	6+ yrs	Food Item	1-2 yrs	3-5yrs	6+ yrs	Food Item	1-2 yrs	3-5yrs	6+ yrs	Food Item	1-2 yrs	3-5yrs	6+ yrs
<b>BREAKFAST:</b>	Milk	4oz	6oz	8oz	Milk	4oz	6oz	8oz	Milk	4oz	6oz	8oz	Milk	4oz	6oz	8oz	Milk	4oz	6oz	8oz
<b>MILK, FLUID JUICE, FRUIT, VEGETABLE GRAIN/BREAD</b>	Corn Flakes	1/4C	1/3C	3/4C	Apple Slices	1/4C	1/2C	3/4 C	Cheerios	1/4C	1/3C	3/4C	Rice Crispy	1/4C	1/3C	3/4C	Apple Slices	1/4C	1/2C	3/4C
	Pears	1/4C	1/2C	1/2c	Sunbutter	1 TBL	1 TBL	2 TBL	Mandarin Orange	1/4C	1/2C	1/2C	Banana	1/2	1/2	1	Sunbutter	1 TBL	1 TBL	2 TBL
<b>LUNCH:</b>	Milk	4oz	6oz	8oz	Milk	4oz	6oz	8oz	Milk	4oz	6oz	8oz	Milk	4oz	6oz	8oz	Milk	4oz	6oz	8oz
<b>MILK, FLUID MEAT/MEAT ALTERNATE 1st FRUIT/VEG 2nd FRUIT/VEG GRAIN/BREAD OTHER</b>	Pierogis CN	6	9	12	Chicken diced	1oz	1.5oz	2	Beef Crumbles CN	1oz	1.5oz	2oz	Turkey Ham WW Roll	1oz	1.5oz	2oz	Diced Turkey Brown Rice WG	1oz	1.5oz	2oz
	Applesauce	1/8C	1/4C	3/8C	Quesadilla WW	1/2	1/2	1	Pasta WW	1/4C	1/4C	1/2C	Pears	1/8C	1/4C	3/8C	Mixed Fruit	1/8C	1/4C	3/8C
	Green Beans	1/8C	1/4C	3/8C	Pineapple	1/8C	1/4C	3/4C	Sauce	1/8C	1/4C	3/8C	Mixed Veg	1/8C	1/4C	3/8C	Corn	1/8C	1/4C	3/8C
<b>P.M. SNACK:</b>	Water				Water				Water				Water				Water			
<b>CHOOSE 2 MILK, FLUID MEAT/MEAT ALTERNATE GRAIN/BREAD JUICE/FRUIT</b>	Pretzels mini	10	10	20	WW Cracker	4	4	8	WW Tortilla	1/2	1/2	1	String Cheese	1/2	1/2	1	Yogurt	1/4C	1/4C	1/2C
	String Cheese 1oz stick	1/2	1/2	1	Banana	1	1	1 1/2	Applesauce	1/2C	1/2C	3/4C	Pretzels Mini	10	10	20	Mandarin Oranges	1/2C	1/2C	3/4C

This institution is an equal opportunity employer \*seconds will be served upon child's request

(F)= Fresh fruit or vegetable
(W)=Whole grain
(H)=Homemade
(TBS)=Tablespoon
(C)=Cup
12-23 months Whole Milk
24-60 months 1% Milk



Menu for Week of : March 5th

2018

Meal	March 5th				March 6th				March 7th				March 8th				March 9th			
	MONDAY				TUESDAY				WEDNESDAY				THURSDAY				FRIDAY			
	Food Item	1-2 yrs	3-5yrs	6+ yrs	Food Item	1-2 yrs	3-5yrs	6+ yrs	Food Item	1-2 yrs	3-5yrs	6+ yrs	Food Item	1-2 yrs	3-5yrs	6+ yrs	Food Item	1-2 yrs	3-5yrs	6+ yrs
<b>BREAKFAST:</b>  MILK, FLUID JUICE, FRUIT, VEGETABLE GRAIN/ BREAD	Milk	4oz	6oz	8oz	Milk	4oz	6oz	8oz	Milk	4oz	6oz	8oz	Milk	4oz	6oz	8oz	Milk	4oz	6oz	8oz
	Cheerios	1/4C	1/3C	3/4C	WW Bagel Mini Cream Cheese Mandarin	1	1	2	Corn Flakes	1/4C	1/3C	3/4C	Apple Slices	1/4c	1/2C	1/2C	Rice Crispy	1/4C	1/3C	3/4C
	Pineapple	1/4C	1/2C	1/2c	Orange	1/8 c	1/4c	3/4c	Peaches	1/4C	1/2C	1/2C	Sunbutter	1Tbs	1Tbs	2Tbs	Pineapple	1/4C	1/2C	1/2c
<b>LUNCH:</b>  MILK, FLUID MEAT/MEAT ALTERNATE 1st FRUIT/VEG 2nd FRUIT/VEG GRAIN/BREAD OTHER	Milk WG	4oz	6oz	8oz	Milk	4oz	6oz	8oz	Milk	4oz	6oz	8oz	Milk WW	4oz	6oz	8oz	Milk WW	4oz	6oz	8oz
	Chicken Nugget CN	3	5	5	Fish CN Tacos WW Tortilla Cheese	1oz 1/2	1.5oz 1/2	2 1	Turkey Dog WW Roll	1/2 1/4C	1 1/4C	1 1/2C	English Muffin Pizza Cheese Sauce	1/2 1oz	1/2 1.5oz	1 2oz	Mac&Cheese Chicken Diced	1/2c	3/4c	1c
	Applesauce	1/8C	1/4C	3/8C	Peaches	1/8C	1/4C	3/8C	Pineapple	1/8C	1/4C	3/8C	Fruit Cocktail	1/8C	1/4C	3/8C	Peaches	1/8C	1/4C	3/8C
	Green Beans	1/8C	1/4C	3/8C	Lettuce	1/8C	1/4C	3/8C	Carrots	1/8C	1/4C	3/8C	Mix Veg	1/8C	1/4C	3/8C	Broccoli	1/8C	1/4C	3/8C
<b>P.M. SNACK:</b>  CHOOSE 2 MILK, FLUID MEAT/MEAT ALTERNATE GRAIN/ BREAD JUICE/FRUIT	Water				Water				Water				Water				Water			
	WW Tortilla	1/2	1/2	1	Pretzel Mini	10	10	20	WW Cracker	4	4	8	WW Crackers	4	4	8	WW cracker	4	4	8
	Sunbutter	1 TBL	1 TBL	2 TBL	Applesauce	1/2C	1/2C	3/4C	Banana	1	1	1 1/2	String Cheese 1oz stick	1/2	1/2	1	Banana	1	1	1 1/2

(F)= Fresh fruit or vegetable  
(W)=Whole grain  
(H)=Homemade  
(TBS)=Tablespoon  
(C)=Cup  
12-23 months Whole Milk  
24-60 months 1% Milk

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Menu for Week of : March 12th

2018

Meal	March 12th				March 13th				March 14th				March 15th				March 16th			
	MONDAY				TUESDAY				WEDNESDAY				THURSDAY				FRIDAY			
	Food Item	1-2 yrs	3-5yrs	6+ yrs	Food Item	1-2 yrs	3-5yrs	6+ yrs	Food Item	1-2 yrs	3-5yrs	6+ yrs	Food Item	1-2 yrs	3-5yrs	6+ yrs	Food Item	1-2 yrs	3-5yrs	6+ yrs
<b>BREAKFAST:</b>	Milk	4oz	6oz	8oz	Milk	4oz	6oz	6oz	Milk	4oz	6oz	8oz	Milk	4oz	6oz	8oz	Milk	4oz	6oz	8oz
<b>MILK, FLUID JUICE, FRUIT, VEGETABLE GRAIN/BREAD</b>	Bagel mini WW Cream Cheese	1	1	2	Corn Flakes	1/4C	1/3C	1/3C	Apple Slices	1/4C	1/2C	3/4C	Cheerios	1/4C	1/3C	3/4C	Rice Crispy	1/4C	1/3C	3/4C
	Peaches	1/4C	1/2C	1/2C	Pears	1/4C	1/2C	1/2C	Sunbutter	1TBL	1TBL	2TBL	Mandarin Orange	1/4C	1/2C	1/2C	Banana	1/2	1/2	1
<b>LUNCH:</b>	Milk	4oz	6oz	8oz	Milk	4oz	6oz	8oz	Milk	4oz	6oz	8oz	Milk	4oz	6oz	8oz	Milk	4oz	6oz	8oz
<b>MILK, FLUID MEAT/MEAT ALTERNATE 1st FRUIT/VEG 2nd FRUIT/VEG GRAIN/BREAD OTHER</b>	Fish Sticks CN WW Bread	2 1/2	3 1/2	4 1	Pierogis CN	6	9	12	Chicken diced Quesadilla WW	1oz 1/2	1.5oz 1/2	2 1	Beef Crumbles CN	1oz	1.5oz	2oz	Turkey Ham WW Roll	1oz 1/2	1.5oz 1/2	2oz 1
	Apple Slices	1/8C	1/4C	3/8C	Applesauce	1/8C	1/4C	3/8C	Pineapple	1/8C	1/4C	3/4C	Pasta WW Sauce	1/4C	1/4C	1/2C	Pears	1/8C	1/4C	3/8C
	Corn	1/8C	1/4C	3/8C	Green Beans	1/8C	1/4C	3/8C	Peas	1/8C	1/4C	3/8C	Peaches	1/8C	1/4C	3/8C	Broccoli	1/8C	1/4C	3/8C
<b>P.M. SNACK:</b>	Water				Water				Water				Water				Water			
<b>CHOOSE 2 MILK, FLUID MEAT/MEAT ALTERNATE GRAIN/BREAD JUICE/FRUIT</b>	Sunbutter	1TBL	1TBL	2TBL	Pretzels mini	10	10	20	WW Cracker	4	4	8	WW Tortilla	1/2	1/2	1	String Cheese	1/2	1/2	1
	WW Pita	1/2	1/2	1	String Cheese 1oz stick	1/2	1/2	1	Banana	1	1	1 1/2	Applesauce	1/2C	1/2C	3/4C	Pretzels Mini	10	10	20

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(TBS)=Tablespoon
(C)=Cup
12-23 months Whole Milk
24-60 months 1% Milk



Menu for Week of : March 19th

2018

Meal	March 19th				March 20th				March 21st				March 12nd				March 23rd			
	MONDAY				TUESDAY				WEDNESDAY				THURSDAY				FRIDAY			
	Food Item	1-2 yrs	3-5yrs	6+ yrs	Food Item	1-2 yrs	3-5yrs	6+ yrs	Food Item	1-2 yrs	3-5yrs	6+ yrs	Food Item	1-2 yrs	3-5yrs	6+ yrs	Food Item	1-2 yrs	3-5yrs	6+ yrs
<b>BREAKFAST:</b>	Milk	4oz	6oz	8oz	Milk	4oz	6oz	8oz	Milk	4oz	6oz	8oz	Milk	4oz	6oz	8oz	Milk	4oz	6oz	8oz
<b>MILK, FLUID JUICE, FRUIT, VEGETABLE GRAIN/BREAD</b>	Apple Slices	1/4c	1/2c	3/4c	Cheerios	1/4C	1/3C	3/4C	WW Bagel				Corn Flakes	1/4C	1/3C	3/4C	Apple Slices	1/4c	1/2C	1/2C
	Sunbutter	1TBL	1TBL	2TBL	Pineapple	1/4C	1/2C	1/2c	Mini Cream Cheese	1	1	2	Peaches	1/4C	1/2C	1/2C	Sunbutter	1Tbs	1Tbs	2Tbs
<b>LUNCH:</b>	Milk	4oz	6oz	8oz	Milk	4oz	6oz	8oz	Milk	4oz	6oz	8oz	Milk	4oz	6oz	8oz	Milk	4oz	6oz	8oz
<b>MILK, FLUID MEAT/MEAT ALTERNATE 1st FRUIT/VEG 2nd FRUIT/VEG GRAIN/BREAD OTHER</b>	Diced Turkey	1oz	1.5oz	2oz	WG				Fish CN Tacos	1oz	1.5oz	2	Turkey Dog	1/2	1	1	English Muffin	1/2	1/2	1
	Brown Rice WG	1/4	1/4	1/2	Chicken Nugget CN	3	5	5	WW Tortilla	1/2	1/2	1	WW Roll	1/4C	1/4C	1/2C	Pizza Cheese Sauce	1oz	1.5oz	2oz
	Mixed Fruit	1/8C	1/4C	3/8C	Applesauce	1/8C	1/4C	3/8C	Cheese				Pineapple	1/8C	1/4C	3/8C	Fruit Cocktail	1/8C	1/4C	3/8C
<b>P.M. SNACK: CHOOSE 2 MILK, FLUID MEAT/MEAT ALTERNATE GRAIN/BREAD JUICE/FRUIT</b>	Corn	1/8C	1/4C	3/8C	Green Beans	1/8C	1/4C	3/8C	Lettuce	1/8C	1/4C	3/8C	Carrots	1/8C	1/4C	3/8C	Mix Veg	1/8C	1/4C	3/8C
	Water				Water				Water				Water				Water			
	Yogurt	1/4C	1/4C	1/2C	WW Tortilla	1/2	1/2	1	Pretzel Mini	10	10	20	WW Cracker	4	4	8	WW Crackers	4	4	8
	Mandarin				Sunbutter	1TBL	1TBL	2TBL	Applesauce	1/2C	1/2C	3/4C	Banana	1	1	1 1/2	String Cheese 1oz stick	1/2	1/2	1

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(W)=Whole grain
(H)=Homemade
(TBS)=Tablespoon
(C)=Cup
12-23 months Whole Milk
24-60 months 1% Milk



Menu for Week of : March 26th

2018

Meal	March 26th				March 27th				March 28th				March 29th				March 30th			
	Monday				TUESDAY				WEDNESDAY				THURSDAY				FRIDAY			
	Food Item	1-2 yrs	3-5yrs	6+ yrs	Food Item	1-2 yrs	3-5yrs	6+ yrs	Food Item	1-2 yrs	3-5yrs	6+ yrs	Food Item	1-2 yrs	3-5yrs	6+ yrs	Food Item	1-2 yrs	3-5yrs	6+ yrs
<b>BREAKFAST:</b>	Milk	4oz	6oz	8oz	Milk	4oz	6oz	8oz	Milk	4oz	6oz	8oz	Milk	4oz	6oz	8oz	Milk	4oz	6oz	8oz
<b>MILK, FLUID JUICE, FRUIT, VEGETABLE GRAIN/BREAD</b>	Rice Crispy	1/4C	1/3C	3/4C	Bagel mini WW Cream Cheese	1	1	2	Corn Flakes	1/4C	1/3C	3/4C	Apple Slices	1/4C	1/2C	3/4C	Cheerios	1/4C	1/3C	3/4C
	Pineapple	1/4C	1/2C	1/2c	Peaches	1/4C	1/2C	1/	Pears	1/4C	1/2C	1/2c	Sunbutter	1TBL	1TBL	2TBL	Manardin Orange	1/4C	1/2C	1/2C
<b>LUNCH:</b>	Milk	4oz	6oz	8oz	Milk	4oz	6oz	8oz	Milk	4oz	6oz	8oz	Milk	4oz	6oz	8oz	Milk	4oz	6oz	8oz
<b>MILK, FLUID MEAT/MEAT ALTERNATE 1st FRUIT/VEG 2nd FRUIT/VEG GRAIN/BREAD OTHER</b>	WW Mac&Cheese Chicken Diced	1/2c	3/4c	1c	Fish Sticks CN WW Bread	2 1/2	3 1/2	4 1	Pierogis CN	6	9	12	Chicken diced Quesadilla WW	1oz 1/2	1.5oz 1/2	2 1	Beef Crumbles CN Pasta WW	1oz 1/4C	1.5oz 1/4C	2oz 1/2C
	Peaches	1/8C	1/4C	3/8C	Apple Slices	1/8C	1/4C	3/8C	Applesauce	1/8C	1/4C	3/8C	Pineapple	1/8C	1/4C	3/4C	Sauce Peaches	1/8C	1/4C	3/8C
	Broccoli	1/8C	1/4C	3/8C	Corn	1/8C	1/4C	3/8C	Green Beans	1/8C	1/4C	3/8C	Peas	1/8C	1/4C	3/8C	Broccoli	1/8C	1/4C	3/8C
<b>P.M. SNACK:</b>	Water				Water				Water				Water				Water			
<b>CHOOSE 2 MILK, FLUID MEAT/MEAT ALTERNATE GRAIN/BREAD JUICE/FRUIT</b>	WW cracker	4	4	8	Sunbutter	1TBL	1TBL	2TBL	Pretzels mini	10	10	20	WW Cracker	4	4	8	WW Tortilla	1/2C	1/2C	1
	Banana	1	1	1 1/2	WW Pita	1/2	1/2	1	String Cheese 1oz stick	1/2	1/2	1	Banana	1	1	1 1/2	Applesauce	1/2C	1/2C	3/4C

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