



Menu for Week of : April 1st

2019

Meal	April 1st				April 2nd				April 3rd				April 4th				April 5th			
	MONDAY				TUESDAY				WEDNESDAY				THURSDAY				FRIDAY			
	Food Item	1-2 yrs	3-5yrs	6+ yrs	Food Item	1-2 yrs	3-5yrs	6+ yrs	Food Item	1-2 yrs	3-5yrs	6+ yrs	Food Item	1-2 yrs	3-5yrs	6+ yrs	Food Item	1-2 yrs	3-5yrs	6+ yrs
BREAKFAST:	Milk	4oz	6oz	8oz	Milk	4oz	6oz	8oz	Milk	4oz	6oz	8oz	Milk	4oz	6oz	8oz	Milk	4oz	6oz	8oz
MILK, FLUID JUICE, FRUIT, VEGETABLE GRAIN/ BREAD	WW Bagel				Rice Crispy	3/4C	3/4C	1 1/4C	Cheerios	1/2C	1/2C	1C	Corn Flakes	1/2C	1/2C	1C	Apple Slices	1/4C	1/2C	1/2C
	Mini Cream Cheese Mandarin Orange	1	1	2	Pineapple	1/4C	1/2C	1/2C	Banana	1/2	1/2	1	Peaches	1/4C	1/2C	1/2C	Sunbutter	1TBL	1TBL	2TBL
		1/4C	1/2C	1/2C																
LUNCH:	Milk	4oz	6oz	8oz	Milk	4oz	6oz	8oz	Milk WG	4oz	6oz	8oz	Milk	4oz	6oz	8oz	Milk	4oz	6oz	8oz
MILK, FLUID MEAT/MEAT ALTERNATE 1st FRUIT/VEG 2nd FRUIT/VEG GRAIN/BREAD OTHER	Turkey Ham WW Roll	1oz 1/2	1.5oz 1/2	2oz 1	Diced Turkey Brown Rice WG	1oz 1/4	1.5oz 1/4	2oz 1/2	Chicken Nugget CN	3	5	5	Fish CN Tacos WW Tortilla Cheese	2 1/2	3 1/2	4 1	Turkey Dog WW Roll	1 1/2	1 1/2	1 1/2 1
	Pears	1/8C	1/4C	1/4C	Mixed Fruit	1/8C	1/4C	1/4C	Applesauce	1/8C	1/4C	1/4C	Mixed Fruit	1/8C	1/4C	1/4C	Pineapple	1/8C	1/4C	1/4C
	Mixed Veg	1/8C	1/4C	1/2C	Corn	1/8C	1/4C	1/2C	Green Beans	1/8C	1/4C	1/2C	Lettuce	1/8C	1/4C	1/2C	Carrots	1/8C	1/4C	1/2C
P.M. SNACK:	Water				Water				Water				Water				Water			
CHOOSE 2 MILK, FLUID MEAT/MEAT ALTERNATE GRAIN/ BREAD JUICE/FRUIT	Sunbutter	1TBL	1TBL	2TBL	Yogurt Mandarin Oranges	1/4C	1/4C	1/2C	WW Tortilla	1/2	1/2	1	Pretzels mini	10	10	20	WW Cracker	4	4	8
	WW Pita	1/2	1/2	1					String Cheese 1oz stick	1/2	1/2	1	Applesauce	1/2C	1/2C	3/4C	Banana	1	1	1 1/2

(F)= Fresh fruit or vegetable
 (WW)=Whole wheat
 (WG)=Whole grain
 (TBL)=Tablespoon
 (CN)= Child Nutrition
 (C)=Cup
 12-23 months Whole Milk
 24-60 months 1% Milk

This institution is an equal opportunity employer

*seconds will be served upon child's request



Menu for Week of : April 8th

2019

Meal	April 8th				April 9th				April 10th				April 11th				April 12th			
	MONDAY				TUESDAY				WEDNESDAY				THURSDAY				FRIDAY			
	Food Item	1-2 yrs	3-5yrs	6+ yrs	Food Item	1-2 yrs	3-5yrs	6+ yrs	Food Item	1-2 yrs	3-5yrs	6+ yrs	Food Item	1-2 yrs	3-5yrs	6+ yrs	Food Item	1-2 yrs	3-5yrs	6+ yrs
BREAKFAST:	Milk	4oz	6oz	8oz	Milk	4oz	6oz	8oz	Milk	4oz	6oz	8oz	Milk	4oz	6oz	8oz	Milk	4oz	6oz	6oz
MILK, FLUID JUICE, FRUIT, VEGETABLE GRAIN/BREAD	Cheerios	1/2C	1/2C	1C	WW Bagel				Rice Crispy	3/4C	3/4C	1 1/4C	Apple Slices	1/4C	1/2C	1/2C	Corn Flakes	1/2C	1/2C	1C
	Banana	1/2	1/2	1	Mini Cream Cheese Mandarin Orange	1/4C	1/2C	1/2C	Pineapple	1/4C	1/2C	1/2C	Sunbutter	1TBL	1TBL	2TBL	Pears	1/4C	1/2C	1/2C
LUNCH:	Milk	4oz	6oz	8oz	Milk	4oz	6oz	8oz	Milk	4oz	6oz	8oz	Milk	4oz	6oz	8oz	Milk	4oz	6oz	8oz
MILK, FLUID MEAT/MEAT ALTERNATE 1st FRUIT/VEG 2nd FRUIT/VEG GRAIN/BREAD OTHER	WW				WW				Fish Sticks CN	2	3	4	Pierogis CN				Chicken diced	1oz	1.5oz	2
	English Muffin	1/2	1/2	1	Mac&Cheese	1/2C	3/4C	1C	WW Bread	1/2	1/2	1	mini original	6	9	12	Quesadilla	1/2	1/2	1
	Pizza Cheese Sauce	1oz	1.5oz	2oz	Chicken Diced				Apple Slices	1/8C	1/4C	1/4C	Mixed Fruit	2	2	3	WW			
	Mixed Fruit	1/8C	1/4C	1/4C	Pears	1/8C	1/4C	1/4C	Corn	1/8C	1/4C	1/2C	Green Beans	1/8C	1/4C	1/2C	Pineapple	1/8C	1/4C	1/4C
	Mix Veg	1/8C	1/4C	1/2C	Broccoli	1/8C	1/4C	1/2C	Water				Water				Peas	1/8C	1/4C	1/2C
P.M. SNACK:	Water				Water				Water				Water				Water			
CHOOSE 2 MILK, FLUID MEAT/MEAT ALTERNATE GRAIN/BREAD JUICE/FRUIT	WW Tortilla	1/2	1/2	1	Low Fat Van Yogurt	1/4C	1/4C	1/2C	Sunbutter	1TBL	1TBL	2TBL	Pretzels mini	10	10	20	Yogurt	1/4C	1/4C	1/2C
	String Cheese	1/2	1/2	1	Peaches	1/2C	1/2C	3/4C	WW Pita	1/2	1/2	1	String Cheese	1/2	1/2	1	Mandarin Oranges	1/2C	1/2C	3/4C
	1oz stick												1oz stick							

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 (CN)= Child Nutrition
 (C)=Cup
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Meal	April 15th				April 16th				April 17th				April 18th				April 19th			
	MONDAY				TUESDAY				WEDNESDAY				THURSDAY				FRIDAY			
	Food Item	1-2 yrs	3-5yrs	6+ yrs	Food Item	1-2 yrs	3-5yrs	6+ yrs	Food Item	1-2 yrs	3-5yrs	6+ yrs	Food Item	1-2 yrs	3-5yrs	6+ yrs	Food Item	1-2 yrs	3-5yrs	6+ yrs
BREAKFAST:	Milk	4oz	6oz	8oz	Milk	4oz	6oz	8oz	Milk	4oz	6oz	8oz	Milk	4oz	6oz	8oz	Milk	4oz	6oz	8oz
MILK, FLUID JUICE, FRUIT, VEGETABLE GRAIN/BREAD	Rice Crispy	3/4C	3/4C	1 1/4C	Corn Flakes	1/2C	1/2C	1C	Apple Slices	1/4C	1/2C	1/2C	WW Bagel				Cheerios	1/2C	1/2C	1C
	Pineapple	1/4C	1/2C	1/2C	Peaches	1/4C	1/2C	1/2C	Sunbutter	1TBL	1TBL	2TBL	Mini Cream Cheese Mandarin Orange	1	1	2	Banana	1/2	1/2	1
LUNCH:	Milk	4oz	6oz	8oz	Milk	4oz	6oz	8oz	Milk	4oz	6oz	8oz	Milk	4oz	6oz	8oz	Milk	4oz	6oz	8oz
MILK, FLUID MEAT/MEAT ALTERNATE 1st FRUIT/VEG 2nd FRUIT/VEG GRAIN/BREAD OTHER	Beef Crumbles CN	1oz	1.5oz	2oz	Turkey Ham WW Roll	1oz	1.5oz	2oz	Diced Turkey Brown Rice WG	1oz	1.5oz	2oz	Chicken Nugget CN	3	5	5	Fish CN Tacos WW Tortilla Cheese	2	3	4
	Pasta WW Sauce	1/4C	1/4C	1/2C	Pears	1/8C	1/4C	1/4C	Mixed Fruit	1/8C	1/4C	1/4C	Applesauce	1/8C	1/4C	1/4C	Mixed Fruit	1/8C	1/4C	1/4C
	Peaches	1/8C	1/4C	1/4C	Broccoli	1/8C	1/4C	1/2C	Corn	1/8C	1/4C	1/2C	Green Beans	1/8C	1/4C	1/2C	Lettuce	1/8C	1/4C	1/2C
P.M. SNACK:	Water				Water				Water				Water				Water			
CHOOSE 2 MILK, FLUID MEAT/MEAT ALTERNATE GRAIN/BREAD JUICE/FRUIT	WW Cracker	4	4	8	Sunbutter	1TBL	1TBL	2TBL	Yogurt Mandarin Oranges	1/4C	1/4C	1/2C	WW Tortilla	1/2	1/2	1	Pretzels mini	10	10	20
	Banana	1	1	1 1/2	WW Pita	1/2	1/2	1		1/2C	1/2C	3/4C	String Cheese 1oz stick	1/2	1/2	1	Applesauce	1/2C	1/2C	3/4C

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 (WW)=Whole wheat
 (WG)=Whole grain
 (TBL)=Tablespoon
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Menu for Week of : April 22nd

2019

Meal	April 22nd				April 23rd				April 24th				April 25th				April 26th			
	MONDAY				TUESDAY				WEDNESDAY				THURSDAY				FRIDAY			
	Food Item	1-2 yrs	3-5yrs	6+ yrs	Food Item	1-2 yrs	3-5yrs	6+ yrs	Food Item	1-2 yrs	3-5yrs	6+ yrs	Food Item	1-2 yrs	3-5yrs	6+ yrs	Food Item	1-2 yrs	3-5yrs	6+ yrs
BREAKFAST:	Milk	4oz	6oz	8oz	Milk	4oz	6oz	8oz	Milk	4oz	6oz	8oz	Milk	4oz	6oz	8oz	Milk	4oz	6oz	6oz
MILK, FLUID JUICE, FRUIT, VEGETABLE GRAIN/BREAD	Apple Slices	1/4C	1/2C	1/2C	Cheerios	1/2C	1/2C	1C	WW Bagel				Rice Crispy	3/4C	3/4C	1 1/4C	Corn Flakes	1/2C	1/2C	1C
	Sunbutter	1TBL	1TBL	2TBL	Banana	1/2	1/2	1	Mini Cream Cheese Mandarin Orange	1/4C	1/2C	1/2C	Pineapple	1/4C	1/2C	1/2C	Pears	1/4C	1/2C	1/2C
LUNCH:	Milk	4oz	6oz	8oz	Milk	4oz	6oz	8oz	Milk	4oz	6oz	8oz	Milk	4oz	6oz	8oz	Milk	4oz	6oz	8oz
MILK, FLUID MEAT/MEAT ALTERNATE 1st FRUIT/VEG 2nd FRUIT/VEG GRAIN/BREAD OTHER	Turkey Dog	1	1	1 1/2	English Muffin	1/2	1/2	1	WW				Fish Sticks CN	2	3	4	Pierogis CN			
	WW Roll	1/2	1/2	1	Pizza Cheese Sauce	1oz	1.5oz	2oz	Mac&Cheese	1/2C	3/4C	1C	WW Bread	1/2	1/2	1	mini original	6	9	12
	Pineapple	1/8C	1/4C	1/4C	Mixed Fruit	1/8C	1/4C	1/4C	Chicken Diced	1/8C	1/4C	1/4C	Apple Slices	1/8C	1/4C	1/4C	Applesauce	1/8C	1/4C	1/4C
	Carrots	1/8C	1/4C	1/2C	Mix Veg	1/8C	1/4C	1/2C	Pears	1/8C	1/4C	1/4C	Corn	1/8C	1/4C	1/2C	Green Beans	1/8C	1/4C	1/2C
P.M. SNACK:	Water			Water				Water				Water				Water				
CHOOSE 2 MILK, FLUID MEAT/MEAT ALTERNATE GRAIN/BREAD JUICE/FRUIT	Yogurt	1/4C	1/4C	1/2C	WW Tortilla	1/2	1/2	1	Pretzels mini	10	10	20	Sunbutter	1TBL	1TBL	2TBL	WW Cracker	4	4	8
	Mandarin Oranges	1/2C	1/2C	3/4C	String Cheese 1oz stick	1/2	1/2	1	Applesauce	1/2C	1/2C	3/4C	WW Pita	1/2	1/2	1	Banana	1	1	1 1/2

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 (WW)=Whole wheat
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 24-60 months 1% Milk

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Meal	April 29th				April 30th				May 1st				May 2nd				May 3rd				
	MONDAY				TUESDAY				WEDNESDAY				THURSDAY				FRIDAY				
	Food Item	1-2 yrs	3-5yrs	6+ yrs	Food Item	1-2 yrs	3-5yrs	6+ yrs	Food Item	1-2 yrs	3-5yrs	6+ yrs	Food Item	1-2 yrs	3-5yrs	6+ yrs	Food Item	1-2 yrs	3-5yrs	6+ yrs	
BREAKFAST:	Milk	4oz	6oz	8oz	Milk	4oz	6oz	8oz	Milk	4oz	6oz	8oz	Milk	4oz	6oz	8oz	Milk	4oz	6oz	8oz	
MILK, FLUID JUICE, FRUIT, VEGETABLE GRAIN/ BREAD	WW Bagel				Rice Crispy	3/4C	3/4C	1 1/4C	Apple Slices	1/4C	1/2C	1/2C	Corn Flakes	1/2C	1/2C	1C	Cheerios	1/2C	1/2C	1C	
	Mini Cream Cheese Mandarin Orange	1	1	2	Pineapple	1/4C	1/2C	1/2C	Sunbutter	1TBL	1TBL	2TBL	Peaches	1/4C	1/2C	1/2C	Banana	1/2	1/2	1	
		1/4C	1/2C	1/2C																	
LUNCH:	Milk	4oz	6oz	8oz	Milk	4oz	6oz	8oz	Milk	4oz	6oz	8oz	Milk	4oz	6oz	8oz	Milk	4oz	6oz	8oz	
MILK, FLUID MEAT/MEAT ALTERNATE 1st FRUIT/VEG 2nd FRUIT/VEG GRAIN/BREAD OTHER	Chicken diced Quesadilla WW	1oz 1/2	1.5oz 1/2	2 1	Beef Crumbles CN	1oz	1.5oz	2oz	Turkey Ham WW Roll	1oz 1/2	1.5oz 1/2	2oz 1	Diced Turkey Brown Rice WG	1oz 1/4	1.5oz 1/4	2oz 1/2	Chicken Nugget CN	3	5	5	
	Pineapple	1/8C	1/4C	1/4C	Pasta WW Sauce	1/4C	1/4C	1/2C	Pears	1/8C	1/4C	1/4C	Mixed Fruit	1/8C	1/4C	1/4C	Applesauce	1/8C	1/4C	1/4C	
					Peaches	1/8C	1/4C	1/4C													
	Peas	1/8C	1/4C	1/2C	Broccoli	1/8C	1/4C	1/2C	Mixed Veg	1/8C	1/4C	1/2C	Corn	1/8C	1/4C	1/2C	Green Beans	1/8C	1/4C	1/2C	
P.M. SNACK:	Water				Water				Water				Water				Water				
CHOOSE 2 MILK, FLUID MEAT/MEAT ALTERNATE GRAIN/ BREAD JUICE/FRUIT	Pretzels mini	10	10	20	Sunbutter	1TBL	1TBL	2TBL	WW Cracker	4	4	8	Pretzels mini	10	10	20	WW Tortilla	1/2	1/2	1	
	String Cheese 1 oz stick	1/2	1/2	1	WW Pita	1/2	1/2	1	Banana	1	1	1 1/2	Applesauce	1/2C	1/2C	3/4C	String Cheese 1 oz stick	1/2	1/2	1	

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