



Menu for Week of: April 3rd

2023

Meal	April 3rd				April 4th				April 5th				April 6th				April 7th			
	MONDAY				TUESDAY				WEDNESDAY				THURSDAY				FRIDAY			
	Food Item	1-2 yrs	3-5yrs	6+ yrs	Food Item	1-2 yrs	3-5yrs	6+ yrs	Food Item	1-2 yrs	3-5yrs	6+ yrs	Food Item	1-2 yrs	3-5yrs	6+ yrs	Food Item	1-2 yrs	3-5yrs	6+ yrs
<b>BREAKFAST:</b>	Milk	4oz	6oz	8oz	Milk	4oz	6oz	8oz	Milk	4oz	6oz	8oz	Milk	4oz	6oz	8oz	Milk	4oz	6oz	6oz
<b>MILK, FLUID JUICE, FRUIT, VEGETABLE GRAIN/ BREAD</b>	Applesauce	1/4C	1/2C	1/2C	Pancakes WG	1	1	2	Rice Krispy	3/4C	3/4C	11/4C	Cheerios WG	1/2C	1/2C	1C	WG Bagel (or) WW Mini Bagel	1/2	1/2	Whole 2
	Egg patty	1	1	1	Pears	1/4C	1/2C	1/2C	Banana	1/2	1	1	Peaches	1/4C	1/2C	1/2C	Cream Cheese Pineapple	1/2	1	1
<b>LUNCH:</b>	Milk	4oz	6oz	8oz	Milk	4oz	6oz	8oz	Milk	4oz	6oz	8oz	Milk WG	4oz	6oz	8oz	Milk	4oz	6oz	8oz
<b>MILK, FLUID MEAT/MEAT ALTERNATE 1st FRUIT/VEG 2nd FRUIT/VEG GRAIN/BREAD OTHER</b>	Chicken Gravy	1oz Cond	1.5oz Cond	2oz Cond	Turkey Ham WW Roll	1oz 1/2	1.5oz 1/2	2oz 1	Beef Crumbles WW tortilla Shredded Cheddar	1oz 1 Cond	1.5oz 1 Cond	2oz 2 Cond	Chicken Nugget CN	3	5	5	WG Elbow Pasta Chicken Diced Cheddar Sauce	1/4C 1oz Cond	1/4C 1.5oz Cond	1/2C 2oz Cond
	Mashed Potato	1/8C	1/4C	1/2C	Peaches	1/8C	1/4C	1/4C	Fruit Cocktail	1/8C	1/4C	1/4C	Apple Slices	1/8C	1/4C	1/4C	Pears	1/8C	1/4C	1/4C
	Pineapple	1/8C	1/4C	1/4C	Mixed Veg	1/8C	1/4C	1/2C	Romaine lettuce	1/4C	1/2C	1C	Green Beans	1/8C	1/4C	1/2C	Broccoli	1/8C	1/4C	1/2C
<b>P.M. SNACK:</b>	Water				Water				Water				Water				Water			
<b>CHOOSE 2 MILK, FLUID MEAT/MEAT ALTERNATE GRAIN/ BREAD JUICE/FRUIT</b>	String Cheese	1/2	1/2	1	Corn loaf	1/2	1/2	1	Yogurt	1/4C	1/4C	1/2C	WG Biscuit	1/2	1/2	1	WG Veggie Cracker	1/2PK	1/2PK	1 PK
	Wheat Cracker	8	8	16	Apple	1/2	1/2	3/4	Carrot Sticks	6	6	9	Cheese Cubes	1/2oz	1/2oz	1oz	Orange	1	1	1 1/2

(WW)=Whole wheat (WG)=Whole grain (TBL)=Tablespoon (CN)= Child Nutrition (PK)= Packet (C)=Cup (Cond)= Condiment (SL) = Slices	All milk served is unflavored 12-23 months Whole Milk (unflavored) 24-60 months 1% Milk (unflavored) 5 years and older 1% Milk (unflavored)  All canned fruit are drained Raw carrots are steamed
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Menu for Week of: April 10th

2023

Meal	April 10th				April 11th				April 12th				April 13th				April 14th			
	MONDAY				TUESDAY				WEDNESDAY				THURSDAY				FRIDAY			
	Food Item	1-2 yrs	3-5yrs	6+ yrs	Food Item	1-2 yrs	3-5yrs	6+ yrs	Food Item	1-2 yrs	3-5yrs	6+ yrs	Food Item	1-2 yrs	3-5yrs	6+ yrs	Food Item	1-2 yrs	3-5yrs	6+ yrs
<b>BREAKFAST:</b>	Milk	4oz	6oz	6oz	Milk	4oz	6oz	8oz	Milk	4oz	6oz	8oz	Milk	4oz	6oz	8oz	Milk	4oz	6oz	8oz
<b>MILK, FLUID JUICE, FRUIT, VEGETABLE GRAIN/BREAD</b>	Cheerios WG	1/2C	1/2C	1C	WG Bagel (or) WW Mini Bagel	1/2 1	1/2 1	Whole 2	Rice Krispy	3/4C	3/4C	1 1/4C	Applesauce Egg patty	1/4C 1	1/2C 1	1/2C 1	Pancakes WG	1	1	2
	Banana	1/2	1	1	Cream Cheese Pears	1/4C	1/2C	1/2C	Peaches	1/2	1	1	Corn Muffin	1/2	1/2	1	Pineapple	1/4C	1/2C	1/2C
<b>LUNCH:</b>	Milk	4oz	6oz	8oz	Milk WW	4oz	6oz	8oz	Milk	4oz	6oz	8oz	Milk	4oz	6oz	8oz	Milk	4oz	6oz	8oz
<b>MILK, FLUID MEAT/MEAT ALTERNATE 1st FRUIT/VEG 2nd FRUIT/VEG GRAIN/BREAD OTHER</b>	Veggie Burger WW Roll	1/2 Patty 1/2	1Patty 1/2	1Patty 1	English Muffin Cheese	1/2 1oz	1/2 1.5oz	1 2oz	Turkey Sausage WG Mini Bagel	1 1	1 1/2 1	2 1	Fish Sticks CN WW Bread	2 1/2	3 1/2	4 1	Chicken Meatball Brown Rice	2 1/4C	2 1/4C	3 1/2C
	Pineapple	1/8C	1/4C	1/4C	Lettuce Apple Slices	1/4C 1/8C	1/2C 1/4C	1C 1/4C	Fruit Cocktail	1/8C	1/4C	1/4C	Peaches	1/8C	1/4C	1/4C	Pears	1/8C	1/4C	1/4C
	Sweet Potato Fries	3	5	10	Tomato Soup	Cond	Cond	Cond	Hash Brown	1/2	1	2	Corn	1/8C	1/4C	1/2C	Peas	1/8C	1/4C	1/2C
	Water				Water				Water				Water				Water			
<b>P.M. SNACK:</b>	Water				Water				Water				Water				Water			
<b>CHOOSE 2 MILK, FLUID MEAT/MEAT ALTERNATE GRAIN/BREAD JUICE/FRUIT</b>	WG Biscuit	1/2	1/2	1	WG Veggie Cracker	1/2PK	1/2PK	1 PK	String Cheese	1/2	1/2	1	Yogurt	1/4C	1/4C	1/2C	Corn loaf	1/2	1/2	1
	Cheese Cubes	1/2oz	1/2oz	1oz	Orange	1	1	1 1/2	Wheat Cracker	8	8	16	Carrot Sticks	6	6	9	Apple	1/2	1/2	3/4

(WW)=Whole wheat (WG)=Whole grain (TBL)=Tablespoon (CN)= Child Nutrition (PK)= Packet (C)=Cup (Cond)= Condiment (SL) = Slices	All milk served is unflavored 12-23 months Whole Milk (unflavored) 24-60 months 1% Milk (unflavored) 5 years and older 1% Milk (unflavored)  All canned fruit are drained Raw carrots are steamed
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Menu for Week of: April 17th

2023

Meal	April 17th				April 18th				April 19th				April 20th				April 21st			
	MONDAY				TUESDAY				WEDNESDAY				THURSDAY				FRIDAY			
	Food Item	1-2 yrs	3-5yrs	6+ yrs	Food Item	1-2 yrs	3-5yrs	6+ yrs	Food Item	1-2 yrs	3-5yrs	6+ yrs	Food Item	1-2 yrs	3-5yrs	6+ yrs	Food Item	1-2 yrs	3-5yrs	6+ yrs
<b>BREAKFAST:</b>	Milk	4oz	6oz	6oz	Milk	4oz	6oz	8oz	Milk	4oz	6oz	8oz	Milk	4oz	6oz	8oz	Milk	4oz	6oz	8oz
<b>MILK, FLUID JUICE, FRUIT, VEGETABLE GRAIN/ BREAD</b>	WG Bagel (or)	1/2	1/2	Whole	Pancakes WG	1	1	2	Applesauce	1/4C	1/2C	1/2C	Rice Krispy	3/4C	3/4C	1 1/4C	Cheerios WG	1/2C	1/2C	1C
	WW Mini Bagel	1	1	2					Egg patty	1	1	1								
	Cream Cheese Peaches	1/2	1	1	Pineapple	1/4C	1/2C	1/2C	Corn Muffin	1/2	1/2	1	Banana	1/2	1	1	Pears	1/4C	1/2C	1/2C
<b>LUNCH:</b>	Milk	4oz	6oz	8oz	Milk	4oz	6oz	8oz	Milk	4oz	6oz	8oz	Milk	4oz	6oz	8oz	Milk	4oz	6oz	8oz
<b>MILK, FLUID MEAT/MEAT ALTERNATE 1st FRUIT/VEG 2nd FRUIT/VEG GRAIN/BREAD OTHER</b>	Beef Crumble	1oz	1.5oz	2oz	Chicken Gravy	1oz Cond	1.5oz Cond	2oz Cond	Turkey Ham WW Roll	1oz 1/2	1.5oz 1/2	2oz 1	Beef Crumbles WW tortilla	1oz 1	1.5oz 1	2oz 2	Chicken Nugget CN	3	5	5
	Pasta WW	1/4C	1/4C	1/2C	Mashed Potato	1/8C	1/4C	1/2C	Peaches	1/8C	1/4C	1/4C	Shredded Cheddar	Cond	Cond	Cond	Pineapple	1/8C	1/4C	1/4C
	Apple Slices	1/8C	1/4C	1/4C	Pears	1/8C	1/4C	1/4C	Mixed Veg	1/8C	1/4C	1/2C	Fruit Cocktail	1/8C	1/4C	1/4C	Green Beans	1/8C	1/4C	1/2C
	Green Beans	1/8C	1/4C	1/2C	WG Bread	1/2SL	1/2SL	1SL	Water				Romaine lettuce	1/4C	1/2C	1C	Water			
<b>P.M. SNACK: CHOOSE 2 MILK, FLUID MEAT/MEAT ALTERNATE GRAIN/ BREAD JUICE/FRUIT</b>	Water				Water				Water				Water				Water			
Yogurt	1/4C	1/4C	1/2C	Corn loaf	1/2	1/2	1	WG Veggie Cracker	1/2PK	1/2PK	1 PK	WG Biscuit	1/2	1/2	1	String Cheese	1/2	1/2	1	
Carrot Sticks	6	6	9	Apple	1/2	1/2	3/4	Orange	1	1	1 1/2	Cheese Cubes	1/2oz	1/2oz	1oz	Wheat Cracker	8	8	16	

(WW)=Whole wheat (WG)=Whole grain (TBL)=Tablespoon (CN)= Child Nutrition (PK)= Packet (C)=Cup (Cond)= Condiment (SL) = Slices	All milk served is unflavored 12-23 months Whole Milk (unflavored) 24-60 months 1% Milk (unflavored) 5 years and older 1% Milk (unflavored)  All canned fruit are drained Raw carrots are steamed
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Menu for Week of: April 24th

2023

Meal	April 24th				April 25th				April 26th				April 27th				April 28th			
	MONDAY				TUESDAY				WEDNESDAY				THURSDAY				FRIDAY			
	Food Item	1-2 yrs	3-5yrs	6+ yrs	Food Item	1-2 yrs	3-5yrs	6+ yrs	Food Item	1-2 yrs	3-5yrs	6+ yrs	Food Item	1-2 yrs	3-5yrs	6+ yrs	Food Item	1-2 yrs	3-5yrs	6+ yrs
<b>BREAKFAST:</b>	Milk	4oz	6oz	8oz	Milk	4oz	6oz	8oz	Milk	4oz	6oz	8oz	Milk	4oz	6oz	8oz	Milk	4oz	6oz	8oz
<b>MILK, FLUID JUICE, FRUIT, VEGETABLE GRAIN/ BREAD</b>	Rice Krispy	3/4C	3/4C	1 1/4C	Cheerios WG	1/2C	1/2C	1C	WG Bagel (or) WW Mini Bagel	1/2	1/2	Whole 2	Pancakes WG	1	1	2	Applesauce	1/4C	1/2C	1/2C
	Banana	1/2	1	1	Pineapple	1/4C	1/2C	1/2C	Cream Cheese Peaches	1/4C	1/2C	1/2C	Pears	1/4C	1/2C	1/2C	Egg patty	1	1	1
<b>LUNCH:</b>	Milk	4oz	6oz	8oz	Milk	4oz	6oz	8oz	Milk WW	4oz	6oz	8oz	Milk	4oz	6oz	8oz	Milk	4oz	6oz	8oz
<b>MILK, FLUID MEAT/MEAT ALTERNATE 1st FRUIT/VEG 2nd FRUIT/VEG GRAIN/BREAD OTHER</b>	WG Elbow Pasta	1/4C	1/4C	1/2C	Veggie Burger	1/2 Pa	1Patty	1Patty	English Muffin	1/2	1/2	1	Turkey Sausage	1	1 1/2	2	Fish Sticks CN	2	3	4
	Chicken Diced	1oz	1.5oz	2oz	WW Roll	1/2	1/2	1	Cheese	1oz	1.5oz	2oz	WG Mini Bagel	1	1	1	WW Bread	1/2	1/2	1
	Cheddar Sauce	Cond	Cond	Cond					Lettuce	1/4C	1/2C	1C	Peaches	1/8C	1/4C	1/4C	Pineapple	1/8C	1/4C	1/4C
	Fruit Cocktail	1/8C	1/4C	1/4C	Pears	1/8C	1/4C	1/4C	Apple Slices	1/8C	1/4C	1/4C	Hash Brown	1/2	1	2	Corn	1/8C	1/4C	1/2C
<b>P.M. SNACK:</b>	Water				Water				Water				Water				Water			
<b>CHOOSE 2 MILK, FLUID MEAT/MEAT ALTERNATE GRAIN/ BREAD JUICE/FRUIT</b>	Corn loaf	1/2	1/2	1	WG Biscuit	1/2	1/2	1	WG Veggie Cracker	1/2PK	1/2PK	1 PK	String Cheese	1/2	1/2	1	Yogurt	1/4C	1/4C	1/2C
	Apple	1/2	1/2	3/4	Cheese Cubes	1/2oz	1/2oz	1oz	Orange	1	1	1 1/2	Wheat Cracker	8	8	16	Carrot Sticks	6	6	9

(WW)=Whole wheat  
 (WG)=Whole grain  
 (TBL)=Tablespoon  
 (CN)= Child Nutrition  
 (PK)= Packet  
 (C)=Cup  
 (Cond)= Condiment  
 (SL) = Slices

All milk served is unflavored  
 12-23 months Whole Milk (unflavored)  
 24-60 months 1% Milk (unflavored)  
 5 years and older 1% Milk (unflavored)

All canned fruit are drained  
 Raw carrots are steamed

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