



Menu for Week of: July 1st

2024

Meal	July 1st				July 2nd				July 3rd				July 4th				July 5th			
	MONDAY				TUESDAY				WEDNESDAY				THURSDAY				FRIDAY			
	Food Item	1-2 yrs	3-5yrs	6+ yrs	Food Item	1-2 yrs	3-5yrs	6+ yrs	Food Item	1-2 yrs	3-5yrs	6+ yrs	Food Item	1-2 yrs	3-5yrs	6+ yrs	Food Item	1-2 yrs	3-5yrs	6+ yrs
BREAKFAST:	Milk	4oz	6oz	8oz	Milk	4oz	6oz	8oz	Milk	4oz	6oz	8oz					Milk	4oz	6oz	8oz
MILK, FLUID JUICE, FRUIT, VEGETABLE GRAIN/ BREAD	WG Blueberry Muffin	1/2	1/2	1	Cinnamon Raisin Bread	1/2 sl	1/2 sl	1 sl	WG Kix	3/4C	3/4C	11/4C					WG Waffle	1/2	1/2	1
	Applesauce	1/4C	1/2C	1/2C	Apple Butter	Cond	Cond	Cond									Pears	1/4C	1/2C	1/2C
					Pineapple	1/4C	1/2C	1/2C	Banana	1/2	1	1								
LUNCH:	Milk	4oz	6oz	8oz	Milk	4oz	6oz	8oz	Milk	4oz	6oz	8oz					Milk	4oz	6oz	8oz
MILK, FLUID MEAT/MEAT ALTERNATE 1st FRUIT/VEG 2nd FRUIT/VEG GRAIN/BREAD OTHER	Loaded Nachos																			
	CN Beef Crumble <i>3 oz Crumbles = 2 oz M/MA</i>	.75 oz	1.5 oz	2.5 oz	WG CN Chicken Nuggets	3	4	5	WG Grilled Cheese Sandwich #375230	1/2 sand	1 sand	1 sand					Fish Taco			
	Shredded Cheddar	0.5 oz	0.5 oz	0.5 oz	<i>5 Nuggets = 2 oz M/MA & 2 oz eq Grain</i>				<i>1 Sandwich = 2 oz M/MA & 2 oz eq Grain</i>								WG CN Fish Shapes <i>4 Shapes = 2 oz M/MA & 1.5 oz eq Grain</i>	2	3	4
	WG Tortilla Chips <i>8 Chips = 1 oz eq Grain</i>	4	4	8													WG Tortilla	1/2	1/2	1
	Salsa	Cond	Cond	Cond													Salsa	Cond	Cond	Cond
	Pears	1/8C	1/4C	1/4C	Fruit Cocktail	1/8C	1/4C	1/4C	Peaches	1/8C	1/4C	1/4C					Applesauce	1/8C	1/4C	1/4C
	Corn	1/4C	1/2C	1C	Green Beans	1/8C	1/4C	1/2C	Peas	1/8C	1/4C	1C					Corn	1/8C	1/4C	1/2C
P.M. SNACK:	Water				Water				Water								Water			
CHOOSE 2 MILK, FLUID MEAT/MEAT ALTERNATE GRAIN/ BREAD JUICE/FRUIT VEGETABLE	WG Goldfish Crackers	20 (1/4C)	20 (1/4C)	40 (1/2C)	String Cheese	1/2	1/2	1	Vanilla Yogurt	1/4C	1/4C	1/2C					WG Soft Pretzel	1/2	1/2	1
	Fresh Orange	1	1	1 1/2	Cucumber Slices or Carrot Sticks Ranch	1/2C	1/2C	3/4C	WG All Sport Bites	1/2 bag	1/2 bag	1 bag					Cheese Cubes <i>6 Cubes = 1 oz M/MA</i>	1/2oz	1/2oz	1oz

(WG)=Whole Grain (TBL)=Tablespoon (CN)= Child Nutrition (PK)= Packet (C)=Cup (Cond)= Condiment (SL) = Slices	All milk served is unflavored 12-23 months Whole Milk (unflavored) 24-60 months 1% Milk (unflavored) 5 years and older 1% Milk (unflavored) All canned fruit are drained Raw carrots are steamed
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This institution is an equal opportunity provider

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Menu for Week of: July 8th

2024

Meal	July 8th				July 9th				July 10th				July 11th				July 12th			
	MONDAY				TUESDAY				WEDNESDAY				THURSDAY				FRIDAY			
	Food Item	1-2 yrs	3-5yrs	6+ yrs	Food Item	1-2 yrs	3-5yrs	6+ yrs	Food Item	1-2 yrs	3-5yrs	6+ yrs	Food Item	1-2 yrs	3-5yrs	6+ yrs	Food Item	1-2 yrs	3-5yrs	6+ yrs
BREAKFAST:	Milk	4oz	6oz	8oz	Milk	4oz	6oz	8oz	Milk	4oz	6oz	8oz	Milk	4oz	6oz	8oz	Milk	4oz	6oz	8oz
MILK, FLUID JUICE, FRUIT, VEGETABLE GRAIN/BREAD	Cinnamon Raisin Bread	1/2 sl	1/2 sl	1 sl	WG Kix	3/4C	3/4C	11/4C	WG Waffle	1/2	1/2	1	WG Blueberry Muffin	1/2	1/2	1	WG Mini Bagel	1/2	1/2	1
	Apple Butter	Cond	Cond	Cond													Cream Cheese	Cond	Cond	Cond
	Pears	1/4C	1/2C	1/2C	Banana	1/2	1	1	Peaches	1/4C	1/2C	1/2C	Fresh Apple	1/4	1/2	1/2	Applesauce	1/4C	1/2C	1/2C
LUNCH:	Milk	4oz	6oz	8oz	Milk	4oz	6oz	8oz	Milk	4oz	6oz	8oz	Milk	4oz	6oz	8oz	Milk	4oz	6oz	8oz
MILK, FLUID MEAT/MEAT ALTERNATE 1st FRUIT/VEG 2nd FRUIT/VEG GRAIN/BREAD OTHER	Hot Turkey Ham & Cheese Sandwich	1oz	1.5oz	2oz	WG CN Mac & Cheese #341250	1/2C	2/3C	2/3C	Lil Luau Burger				Meatball Marinara Sub				Chicken Biscuits and Gravy			
	CN Turkey Ham <i>6 Slices = 2 oz M/MA</i>	2 sl	3 sl	5 sl					CN Flame Grilled Turkey Patty <i>1 Patty = 2 oz M/MA</i>	1/2 Patty	1 Patty	1 Patty	CN Chicken Meatball <i>3 Meatballs = 2 oz M/MA</i>	2	3	3	Diced Chicken #276780 <i>2.5 oz = 2 oz M/MA</i>	1.25 oz	1.9 oz	2.5 oz
	American Cheese <i>1 Slice = 1/2 oz M/MA</i>	1 sl	1 sl	1 sl					WG Hamburger Roll	1/2	1	1	WG Hamburger Roll	1/2	1	1	WG Biscuit	1/2	1/2	1
	WG Slider Roll	1	1	1					BBQ Sauce	Cond	Cond	Cond	Marinara	Cond	Cond	Cond	Gravy	Cond	Cond	Cond
	Peaches	1/8C	1/4C	1/4C	Fruit Cocktail	1/8C	1/4C	1/4C	Pineapple	1/8C	1/4C	1/4C	Pears	1/8C	1/4C	1/4C	Mashed Potato	1/8C	1/4C	1/2C
	Mixed Veg	1/8C	1/4C	1/2C	Broccoli	1/8C	1/4C	1/2C	Sweet Potato Fries	1/8C	1/4C	1/2C	Green Beans	1/8C	1/4C	1/2C	Peas and Carrots	1/8C	1/4C	1/4C
P.M. SNACK:	Water				Water				Water				Water				Water			
CHOOSE 2 MILK, FLUID MEAT/MEAT ALTERNATE GRAIN/BREAD	WG Corn Loaf	1/2	1/2	1	WG Goldfish Crackers	20 (1/4C)	20 (1/4C)	40 (1/2C)	String Cheese	1/2	1/2	1	WG Soft Pretzel	1/2	1/2	1	Vanilla Yogurt	1/4C	1/4C	1/2C
	Fresh Apple	1/2	1/2	3/4	Fresh Orange	1	1	1 1/2	Cucumber Slices or Carrot Sticks Ranch	1/2C	1/2C	3/4C	Cheese Cubes <i>6 Cubes = 1 oz M/MA</i>	1/2oz	1/2oz	1oz	WG All Sport Bites	1/2 bag	1/2 bag	1 bag
JUICE/FRUIT VEGETABLE																				

(WG)=Whole Grain	All milk served is unflavored
(TBL)=Tablespoon	12-23 months Whole Milk (unflavored)
(CN)=Child Nutrition	24-60 months 1% Milk (unflavored)
(PK)= Packet	5 years and older 1% Milk (unflavored)
(C)=Cup	
(Cond)= Condiment	
(SL) = Slices	All canned fruit are drained
	Raw carrots are steamed

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Menu for Week of: July 15th

2024

Meal	July 15th				July 16th				July 17th				July 18th				July 19th			
	MONDAY				TUESDAY				WEDNESDAY				THURSDAY				FRIDAY			
	Food Item	1-2 yrs	3-5yrs	6+ yrs	Food Item	1-2 yrs	3-5yrs	6+ yrs	Food Item	1-2 yrs	3-5yrs	6+ yrs	Food Item	1-2 yrs	3-5yrs	6+ yrs	Food Item	1-2 yrs	3-5yrs	6+ yrs
BREAKFAST: MILK, FLUID JUICE, FRUIT, VEGETABLE GRAIN/BREAD	Milk	4oz	6oz	8oz	Milk	4oz	6oz	8oz	Milk	4oz	6oz	8oz	Milk	4oz	6oz	8oz	Milk	4oz	6oz	8oz
	WG Kix	3/4C	3/4C	11/4C	WG Blueberry Muffin	1/2	1/2	1	WG Waffle	1/2	1/2	1	WG Mini Bagel Cream Cheese	1/2	1/2	1	Cinnamon Raisin Bread Apple Butter	1/2 sl	1/2 sl	1 sl
	Banana	1/2	1	1	Fresh Apple	1/4	1/2	1/2	Pears	1/4C	1/2C	1/2C	Peaches	1/4C	1/2C	1/2C	Pineapple	1/4C	1/2C	1/2C
LUNCH: MILK, FLUID MEAT/MEAT ALTERNATE 1st FRUIT/VEG 2nd FRUIT/VEG GRAIN/BREAD OTHER	Milk	4oz	6oz	8oz	Milk Loaded Nachos	4oz	6oz	8oz	Milk	4oz	6oz	8oz	Milk	4oz	6oz	8oz	Milk	4oz	6oz	8oz
	Pasta with Meat Sauce				CN Beef Crumble <i>3 oz Crumbles = 2 oz M/MA</i>	.75 oz	1.5 oz	2.5 oz	WG CN Chicken Nuggets	3	4	5	WG Grilled Cheese Sandwich #375230	1/2 sand	1 sand	1 sand	Teriyaki Noodles			
	CN Beef Crumble <i>3 oz Crumbles = 2 oz M/MA</i>	1.5 oz	2.5 oz	3 oz	Shredded Cheddar	0.5 oz	0.5 oz	0.5 oz	<i>5 Nuggets = 2 oz M/MA & 2 oz eq Grain</i>				<i>1 Sandwich = 2 oz M/MA & 2 oz eq Grain</i>				CN Chicken Meatball <i>3 Meatballs = 2 oz M/MA</i>	2	3	3
	WG Pasta	1/4C	1/4C	1/2C	WG Tortilla Chips <i>8 Chips = 1 oz eq Grain</i>	4	4	8									WG Spaghetti Pasta	1/4C	1/4C	1/2C
	Marinara	Cond	Cond	Cond	Salsa	Cond	Cond	Cond									Teriyaki Sauce	Cond	Cond	Cond
	Peaches	1/8C	1/4C	1/4C	Pears	1/8C	1/4C	1/4C	Fruit Cocktail	1/8C	1/4C	1/4C	Pineapple	1/8C	1/4C	1/4C	Mandarin Oranges	1/8C	1/4C	1/4C
	Green Beans	1/8C	1/4C	1/2C	Corn	1/4C	1/2C	1C	Green Beans	1/8C	1/4C	1/2C	Peas	1/8C	1/4C	1C	Broccoli	1/8C	1/4C	1/2C
P.M. SNACK: CHOOSE 2 MILK, FLUID MEAT/MEAT ALTERNATE GRAIN/BREAD JUICE/FRUIT VEGETABLE	Water				Water				Water				Water				Water			
	WG Soft Pretzel	1/2	1/2	1	WG Goldfish Crackers	20 (1/4C)	20 (1/4C)	40 (1/2C)	WG Corn Loaf	1/2	1/2	1	Vanilla Yogurt	1/4C	1/4C	1/2C	String Cheese	1/2	1/2	1
	Cheese Cubes <i>6 Cubes = 1 oz M/MA</i>	1/2oz	1/2oz	1oz	Fresh Orange	1	1	1 1/2	Fresh Apple	1/2	1/2	3/4	WG All Sport Bites	1/2 bag	1/2 bag	1 bag	Cucumber Slices or Carrot Sticks Ranch	1/2C	1/2C	3/4C

(WG)=Whole Grain (TBL)=Tablespoon (CN)= Child Nutrition (PK)= Packet (C)=Cup (Cond)= Condiment (SL) = Slices	All milk served is unflavored 12-23 months Whole Milk (unflavored) 24-60 months 1% Milk (unflavored) 5 years and older 1% Milk (unflavored) All canned fruit are drained Raw carrots are steamed
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Menu for Week of: July 22nd

2024

Meal	July 22nd				July 23rd				July 24th				July 25th				July 26th			
	MONDAY				TUESDAY				WEDNESDAY				THURSDAY				FRIDAY			
	Food Item	1-2 yrs	3-5yrs	6+ yrs	Food Item	1-2 yrs	3-5yrs	6+ yrs	Food Item	1-2 yrs	3-5yrs	6+ yrs	Food Item	1-2 yrs	3-5yrs	6+ yrs	Food Item	1-2 yrs	3-5yrs	6+ yrs
BREAKFAST: MILK, FLUID JUICE, FRUIT, VEGETABLE GRAIN/BREAD	Milk	4oz	6oz	8oz	Milk	4oz	6oz	8oz	Milk	4oz	6oz	8oz	Milk	4oz	6oz	8oz	Milk	4oz	6oz	8oz
	WG Waffle	1/2	1/2	1	WG Blueberry Muffin	1/2	1/2	1	Cinnamon Raisin Bread Apple Butter	1/2 sl Cond	1/2 sl Cond	1 sl Cond	WG Kix	3/4C	3/4C	11/4C	WG Mini Bagel Cream Cheese	1/2 Cond	1/2 Cond	1 Cond
	Pears	1/4C	1/2C	1/2C	Fresh Apple	1/4	1/2	1/2	Peaches	1/4C	1/2C	1/2C	Banana	1/2	1	1	Pineapple	1/4C	1/2C	1/2C
LUNCH: MILK, FLUID MEAT/MEAT ALTERNATE 1st FRUIT/VEG 2nd FRUIT/VEG GRAIN/BREAD OTHER	Milk	4oz	6oz	8oz	Milk	4oz	6oz	8oz	Milk	4oz	6oz	8oz	Milk	4oz	6oz	8oz	Milk	4oz	6oz	8oz
	Fish Taco				Hot Turkey Ham & Cheese Sandwich	1oz	1.5oz	2oz	WG CN Mac & Cheese #341250	1/2C	2/3C	2/3C	Lil Luau Burger				Meatball Marinara Sub			
	WG CN Fish Shapes 4 Shapes = 2 oz M/MA & 1.5 oz eq Grain	2	3	4	CN Turkey Ham 6 Slices = 2 oz M/MA	2 sl	3 sl	5 sl					CN Flame Grilled Turkey Patty 1 Patty = 2 oz M/MA	1/2 Patty	1 Patty	1 Patty	CN Chicken Meatball 3 Meatballs = 2 oz M/MA	2	3	3
	WG Tortilla	1/2	1/2	1	American Cheese 1 Slice = 1/2 oz M/MA	1 sl	1 sl	1 sl					WG Hamburger Roll	1/2	1	1	WG Hamburger Roll	1/2	1	1
	Salsa	Cond	Cond	Cond	WG Slider Roll	1	1	1	Fruit Cocktail	1/8C	1/4C	1/4C	BBQ Sauce	Cond	Cond	Cond	Marinara	Cond	Cond	Cond
	Pineapple	1/8C	1/4C	1/4C	Pears	1/8C	1/4C	1/4C					Peaches	1/8C	1/4C	1/4C	Applesauce	1/8C	1/4C	1/4C
	Corn	1/8C	1/4C	1/2C	Mixed Veg	1/8C	1/4C	1/2C	Broccoli	1/8C	1/4C	1/2C	Sweet Potato Fries	1/8C	1/4C	1/2C	Green Beans	1/8C	1/4C	1/2C
P.M. SNACK: CHOOSE 2 MILK, FLUID MEAT/MEAT ALTERNATE GRAIN/BREAD JUICE/FRUIT VEGETABLE	Water				Water				Water				Water				Water			
	Vanilla Yogurt	1/4C	1/4C	1/2C	WG Goldfish Crackers	20 (1/4C)	20 (1/4C)	40 (1/2C)	WG Corn Loaf	1/2	1/2	1	WG Soft Pretzel	1/2	1/2	1	String Cheese	1/2	1/2	1
	WG All Sport Bites	1/2 bag	1/2 bag	1 bag	Fresh Orange	1	1	1 1/2	Fresh Apple	1/2	1/2	3/4	Cheese Cubes 6 Cubes = 1 oz M/MA	1/2oz	1/2oz	1oz	Cucumber Slices or Carrot Sticks Ranch	1/2C Cond	1/2C Cond	3/4C Cond

(WG)=Whole Grain	All milk served is unflavored
(TBL)=Tablespoon	12-23 months Whole Milk (unflavored)
(CN)= Child Nutrition	24-60 months 1% Milk (unflavored)
(PK)= Packet	5 years and older 1% Milk (unflavored)
(C)=Cup	
(Cond)= Condiment	
(SL) = Slices	All canned fruit are drained Raw carrots are steamed

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Menu for Week of: July 29th

2024

Meal	July 29th				July 30th				July 31st				August 1st				August 2nd			
	MONDAY				TUESDAY				WEDNESDAY				THURSDAY				FRIDAY			
	Food Item	1-2 yrs	3-5yrs	6+ yrs	Food Item	1-2 yrs	3-5yrs	6+ yrs	Food Item	1-2 yrs	3-5yrs	6+ yrs	Food Item	1-2 yrs	3-5yrs	6+ yrs	Food Item	1-2 yrs	3-5yrs	6+ yrs
BREAKFAST:	Milk	4oz	6oz	8oz	Milk	4oz	6oz	8oz	Milk	4oz	6oz	8oz	Milk	4oz	6oz	8oz	Milk	4oz	6oz	8oz
MILK, FLUID JUICE, FRUIT, VEGETABLE GRAIN/BREAD	WG Kix	3/4C	3/4C	1 1/4C	Cinnamon Raisin Bread	1/2 sl	1/2 sl	1 sl	WG Waffle	1/2	1/2	1	WG Mini Bagel	1/2	1/2	1	WG Blueberry Muffin	1/2	1/2	1
	Banana	1/2	1	1	Apple Butter	Cond	Cond	Cond	Apple Butter	Cond	Cond	Cond	Cream Cheese	Cond	Cond	Cond				
LUNCH:	Milk	4oz	6oz	8oz	Milk	4oz	6oz	8oz	Milk	4oz	6oz	8oz	Milk	4oz	6oz	8oz	Milk	4oz	6oz	8oz
MILK, FLUID MEAT/MEAT ALTERNATE 1st FRUIT/VEG 2nd FRUIT/VEG GRAIN/BREAD OTHER	Chicken Biscuits and Gravy				Pasta with Meat Sauce				Loaded Nachos				WG CN Chicken Nuggets				WG Grilled Cheese Sandwich #375230			
	Diced Chicken #276780 2.5 oz = 2 oz M/MA	1.25 oz	1.9 oz	2.5 oz	CN Beef Crumble 3 oz Crumbles = 2 oz M/MA	1.5 oz	2.5 oz	3 oz	CN Beef Crumble 3 oz Crumbles = 2 oz M/MA	.75 oz	1.5 oz	2.5 oz	5 Nuggets = 2 oz M/MA & 2 oz eq Grain	3	4	5	1 Sandwich = 2 oz M/MA & 2 oz eq Grain	1/2 sand	1 sand	1 sand
	WG Biscuit	1/2	1/2	1	WG Pasta	1/4C	1/4C	1/2C	WG Tortilla Chips 8 Chips = 1 oz eq Grain	4	4	8								
	Gravy	Cond	Cond	Cond	Marinara	Cond	Cond	Cond	Salsa	Cond	Cond	Cond								
	Mashed Potato	1/8C	1/4C	1/2C	Fruit Cocktail	1/8C	1/4C	1/4C	Pears	1/8C	1/4C	1/4C	Peaches	1/8C	1/4C	1/4C	Pineapple	1/8C	1/4C	1/4C
	Peas and Carrots	1/8C	1/4C	1/4C	Green Beans	1/8C	1/4C	1/2C	Corn	1/4C	1/2C	1C	Green Beans	1/8C	1/4C	1/2C	Peas	1/8C	1/4C	1C
P.M. SNACK:	Water				Water				Water				Water				Water			
CHOOSE 2 MILK, FLUID MEAT/MEAT ALTERNATE GRAIN/BREAD JUICE/FRUIT VEGETABLE	WG Soft Pretzel	1/2	1/2	1	String Cheese	1/2	1/2	1	Vanilla Yogurt	1/4C	1/4C	1/2C	WG Goldfish Crackers	20 (1/4C)	20 (1/4C)	40 (1/2C)	WG Corn Loaf	1/2	1/2	1
	Cheese Cubes 6 Cubes = 1 oz M/MA	1/2oz	1/2oz	1oz	Cucumber Slices or Carrot Sticks Ranch	1/2C	1/2C	3/4C	WG All Sport Bites	1/2 bag	1/2 bag	1 bag	Fresh Orange	1	1	1 1/2	Fresh Apple	1/2	1/2	3/4

(WG)=Whole Grain (TBL)=Tablespoon (CN)= Child Nutrition (PK)= Packet (C)=Cup (Cond)= Condiment (SL) = Slices	<p>All milk served is unflavored 12-23 months Whole Milk (unflavored) 24-60 months 1% Milk (unflavored) 5 years and older 1% Milk (unflavored)</p> <p>All canned fruit are drained Raw carrots are steamed</p>
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