



Menu for Week of : March 28th

2022

Meal	March 28th				March 29th				March 30th				March 31st				April 1st			
	MONDAY				TUESDAY				WEDNESDAY				THURSDAY				FRIDAY			
	Food Item	1-2 yrs	3-5yrs	6+ yrs	Food Item	1-2 yrs	3-5yrs	6+ yrs	Food Item	1-2 yrs	3-5yrs	6+ yrs	Food Item	1-2 yrs	3-5yrs	6+ yrs	Food Item	1-2 yrs	3-5yrs	6+ yrs
BREAKFAST:	Milk	4oz	6oz	8oz	Milk	4oz	6oz	8oz	Milk	4oz	6oz	8oz	Milk	4oz	6oz	8oz	Milk	4oz	6oz	6oz
MILK, FLUID JUICE, FRUIT, VEGETABLE GRAIN/BREAD	Rice Krispy	3/4C	3/4C	1 1/4C	WW Mini Bagel Cream Cheese	1	1	2	Applesauce Egg patty	1/4C 1	1/2C 1	1/2C 1	Pancakes WG	1	1	2	Cheerios WG	1/2C	1/2C	1C
	Peaches	1/4C	1/2C	1/2C	Pineapple	1/4C	1/2C	1/2C	Corn Muffin	1/2	1/2	1	Pears	1/4C	1/2C	1/2C	Peaches	1/2	1	1
LUNCH:	Milk	4oz	6oz	8oz	Milk	4oz	6oz	8oz	Milk	4oz	6oz	8oz	Milk	4oz	6oz	8oz	Milk	4oz	6oz	8oz
MILK, FLUID MEAT/MEAT ALTERNATE 1st FRUIT/VEG 2nd FRUIT/VEG GRAIN/BREAD OTHER	Chicken Meatball	2	2	3	Beef Crumble Pasta WW	1oz 1/4C	1.5oz 1/4C	2oz 1/2C	Chicken Gravy	1oz Cond	1.5oz Cond	2oz Cond	Turkey Ham WW Roll	1oz 1/2	1.5oz 1/2	2oz 1	Beef Crumbles WW tortilla Shredded Cheddar	1oz 1 Cond	1.5oz 1 Cond	2oz 2 Cond
	Brown Rice	1/4C	1/4C	1/2C					Mashed Potato	1/8C	1/4C	1/2C								
	Apple Slices	1/8C	1/4C	1/4C	Fruit Cocktail	1/8C	1/4C	1/4C	Peaches	1/8C	1/4C	1/4C	Pineapple	1/8C	1/4C	1/4C	Pears	1/8C	1/4C	1/4C
	Peas	1/8C	1/4C	1/2C	Green Beans	1/8C	1/4C	1/2C	WG Bread	1/2SL	1/2SL	1SL	Mixed Veg	1/8C	1/4C	1/2C	Romaine lettuce	1/4C	1/2C	1C
P.M. SNACK: CHOOSE 2 MILK, FLUID MEAT/MEAT ALTERNATE GRAIN/BREAD JUICE/FRUIT	Water				Water				Water				Water				Water			
	String Cheese	1/2	1/2	1	Yogurt	1/4C	1/4C	1/2C	WG Biscuit	1/2	1/2	1	Corn loaf	1/2	1/2	1	WG Veggie Cracker	1/2PK	1/2PK	1 PK
	Wheat Cracker	8	8	16	Carrot Sticks	6	6	9	Sun butter	1 TBL	1 TBL	2 TBL	Apple	1/2	1/2	3/4	Orange	1	1	1 1/2

(WW)=Whole wheat (WG)=Whole grain (TBL)=Tablespoon (CN)= Child Nutrition (PK)= Packet (C)=Cup (Cond)= Condiment (SL) = Slices	All milk served is unflavored 12-23 months Whole Milk (unflavored) 24-60 months 1% Milk (unflavored) 5 years and older 1% Milk (unflavored) All canned fruit are drained Hot dogs are diced Raw carrots are steamed
--	---

This institution is an equal opportunity provider

*seconds will be served upon child's request

Meal	April 4th				April 5th				April 6th				April 7th				April 8th			
	MONDAY				TUESDAY				WEDNESDAY				THURSDAY				FRIDAY			
	Food Item	1-2 yrs	3-5yrs	6+ yrs	Food Item	1-2 yrs	3-5yrs	6+ yrs	Food Item	1-2 yrs	3-5yrs	6+ yrs	Food Item	1-2 yrs	3-5yrs	6+ yrs	Food Item	1-2 yrs	3-5yrs	6+ yrs
BREAKFAST:	Milk	4oz	6oz	8oz	Milk	4oz	6oz	8oz	Milk	4oz	6oz	8oz	Milk	4oz	6oz	6oz	Milk	4oz	6oz	8oz
MILK, FLUID JUICE, FRUIT, VEGETABLE GRAIN/BREAD	WW Mini Bagel Cream Cheese	1	1	2	Applesauce Egg patty	1/4C 1	1/2C 1	1/2C 1	Pancakes WG	1	1	2	Cheerios WG	1/2C	1/2C	1C	Rice Krispy	3/4C	3/4C	1 1/4C
	Pineapple	1/4C	1/2C	1/2C	Corn Muffin	1/2	1/2	1	Pears	1/4C	1/2C	1/2C	Banana	1/2	1	1	Peaches	1/4C	1/2C	1/2C
LUNCH:	Milk WG	4oz	6oz	8oz	Milk	4oz	6oz	8oz	Milk	4oz	6oz	8oz	Milk WG	4oz	6oz	8oz	Milk	4oz	6oz	8oz
MILK, FLUID MEAT/MEAT ALTERNATE 1st FRUIT/VEG 2nd FRUIT/VEG GRAIN/BREAD OTHER	Chicken Nugget CN	3	5	5	WG Elbow Pasta Chicken Diced Cheddar Sauce	1/4C 1oz Cond	1/4C 1.5oz Cond	1/2C 2oz Cond	Turkey Dog WW Roll	1 1/2	1 1/2	1 1/2 1	English Muffin Cheese	1/2 1oz	1/2 1.5oz	1 2oz	Turkey Sausage WG Mini Bagel	1 1	1 1/2 1	2 1
	Apple Slices	1/8C	1/4C	1/4C	Fruit Cocktail	1/8C	1/4C	1/4C	Applesauce	1/8C	1/4C	1/4C	Lettuce Pineapple	1/4C 1/8C	1/2C 1/4C	1C 1/4C	Pears	1/8C	1/4C	1/4C
	Green Beans	1/8C	1/4C	1/2C	Broccoli	1/8C	1/4C	1/2C	Sweet Potato Fries	3	5	10	Tomato Soup	Cond	Cond	Cond	Hash Brown	1 1/2	1	2
P.M. SNACK: CHOOSE 2 MILK, FLUID MEAT/MEAT ALTERNATE GRAIN/BREAD JUICE/FRUIT	Water				Water				Water				Water				Water			
	WG Veggie Cracker	1/2PK	1/2PK	1 PK	String Cheese	1/2	1/2	1	Yogurt	1/4C	1/4C	1/2C	Corn loaf	1/2	1/2	1	WG Biscuit	1/2	1/2	1
	Orange	1	1	1 1/2	Wheat Cracker	8	8	16	Carrot Sticks	6	6	9	Apple	1/2	1/2	3/4	Sun butter	1 TBL	1 TBL	2 TBL

(WW)=Whole wheat (WG)=Whole grain (TBL)=Tablespoon (CN)= Child Nutrition (PK)= Packet (C)=Cup (Cond)= Condiment (SL) = Slices	All milk served is unflavored 12-23 months Whole Milk (unflavored) 24-60 months 1% Milk (unflavored) 5 years and older 1% Milk (unflavored) All canned fruit are drained Hot dogs are diced Raw carrots are steamed
--	---

This institution is an equal opportunity provider

*seconds will be served upon child's request

Meal	April 11th				April 12th				April 13th				April 14th				April 15th			
	MONDAY				TUESDAY				WEDNESDAY				THURSDAY				FRIDAY			
	Food Item	1-2 yrs	3-5yrs	6+ yrs	Food Item	1-2 yrs	3-5yrs	6+ yrs	Food Item	1-2 yrs	3-5yrs	6+ yrs	Food Item	1-2 yrs	3-5yrs	6+ yrs	Food Item	1-2 yrs	3-5yrs	6+ yrs
BREAKFAST:	Milk	4oz	6oz	8oz	Milk	4oz	6oz	6oz	Milk	4oz	6oz	8oz	Milk	4oz	6oz	8oz	Milk	4oz	6oz	8oz
MILK, FLUID JUICE, FRUIT, VEGETABLE GRAIN/BREAD	Applesauce	1/4C	1/2C	1/2C	Cheerios WG	1/2C	1/2C	1C	Rice Krispy	3/4C	3/4C	1 1/4C	WW Mini Bagel	1	1	2	Pancakes WG	1	1	2
	Egg patty	1	1	1	Pineapple	1/4C	1/2C	1/2C	Banana	1/2	1	1	Cream Cheese				Peaches	1/4C	1/2C	1/2C
LUNCH:	Milk	4oz	6oz	8oz	Milk	4oz	6oz	8oz	Milk	4oz	6oz	8oz	Milk	4oz	6oz	8oz	Milk	4oz	6oz	8oz
MILK, FLUID MEAT/MEAT ALTERNATE 1st FRUIT/VEG 2nd FRUIT/VEG GRAIN/BREAD OTHER	Fish Sticks CN	2	3	4	Chicken Meatball	2	2	3	Beef Crumble	1oz	1.5oz	2oz	Chicken Gravy	1oz	1.5oz	2oz	Turkey Ham	1oz	1.5oz	2oz
	WW Bread	1/2	1/2	1	Brown Rice	1/4C	1/4C	1/2C	Pasta WW	1/4C	1/4C	1/2C	Mashed Potato	1/8C	1/4C	1/2C	WW Roll	1/2	1/2	1
	Peaches	1/8C	1/4C	1/4C	Pears	1/8C	1/4C	1/4C	Apple Slices	1/8C	1/4C	1/4C	Fruit Cocktail	1/8C	1/4C	1/4C	Pineapple	1/8C	1/4C	1/4C
	Corn	1/8C	1/4C	1/2C	Peas	1/8C	1/4C	1/2C	Green Beans	1/8C	1/4C	1/2C	WG Bread	1/2SL	1/2SL	1SL	Mixed Veg	1/8C	1/4C	1/2C
P.M. SNACK:	Water				Water				Water				Water				Water			
CHOOSE 2 MILK, FLUID MEAT/MEAT ALTERNATE GRAIN/BREAD JUICE/FRUIT	WG Biscuit	1/2	1/2	1	WG Veggie Cracker	1/2PK	1/2PK	1 PK	Yogurt	1/4C	1/4C	1/2C	Corn loaf	1/2	1/2	1	String Cheese	1/2	1/2	1
	Sun butter	1 TBL	1 TBL	2 TBL	Orange	1	1	1 1/2	Carrot Sticks	6	6	9	Apple	1/2	1/2	3/4	Wheat Cracker	8	8	16

(WW)=Whole wheat	All milk served is unflavored
(WG)=Whole grain	12-23 months Whole Milk (unflavored)
(TBL)=Tablespoon	24-60 months 1% Milk (unflavored)
(CN)= Child Nutrition	5 years and older 1% Milk (unflavored)
(PK)= Packet	
(C)=Cup	All canned fruit are drained
(Cond)= Condiment	Hot dogs are diced
(SL) = Slices	Raw carrots are steamed

This institution is an equal opportunity provider

*seconds will be served upon child's request

Meal	April 18th				April 19th				April 20th				April 21st				April 22nd			
	MONDAY				TUESDAY				WEDNESDAY				THURSDAY				FRIDAY			
	Food Item	1-2 yrs	3-5yrs	6+ yrs	Food Item	1-2 yrs	3-5yrs	6+ yrs	Food Item	1-2 yrs	3-5yrs	6+ yrs	Food Item	1-2 yrs	3-5yrs	6+ yrs	Food Item	1-2 yrs	3-5yrs	6+ yrs
BREAKFAST:	Milk	4oz	6oz	6oz	Milk	4oz	6oz	8oz	Milk	4oz	6oz	8oz	Milk	4oz	6oz	8oz	Milk	4oz	6oz	8oz
MILK, FLUID JUICE, FRUIT, VEGETABLE GRAIN/BREAD	Cheerios WG	1/2C	1/2C	1C	WW Mini Bagel Cream Cheese	1	1	2	Applesauce Egg patty	1/4C 1	1/2C 1	1/2C 1	Rice Krispy	3/4C	3/4C	1 1/4C	Pancakes WG	1	1	2
	Banana	1/2	1	1	Peaches	1/4C	1/2C	1/2C	Corn Muffin	1/2	1/2	1	Pears	1/2	1	1	Pineapple	1/4C	1/2C	1/2C
LUNCH:	Milk	4oz	6oz	8oz	Milk WG	4oz	6oz	8oz	Milk	4oz	6oz	8oz	Milk	4oz	6oz	8oz	Milk WW	4oz	6oz	8oz
MILK, FLUID MEAT/MEAT ALTERNATE 1st FRUIT/VEG 2nd FRUIT/VEG GRAIN/BREAD OTHER	Beef Crumbles	1oz	1.5oz	2oz	Chicken Nugget CN	3	5	5	WG Elbow Pasta	1/4C	1/4C	1/2C	Turkey Dog	1	1	1 1/2	English Muffin	1/2	1/2	1
	WW tortilla	1	1	2					Chicken Diced	1oz	1.5oz	2oz	WW Roll	1/2	1/2	1	Cheese	1oz	1.5oz	2oz
	Shredded Cheddar	Cond	Cond	Cond					Cheddar Sauce	Cond	Cond	Cond					Lettuce	1/4C	1/2C	1C
	Pears	1/8C	1/4C	1/4C	Apple Slices	1/8C	1/4C	1/4C	Pineapple	1/8C	1/4C	1/4C	Fruit Cocktail	1/8C	1/4C	1/4C	Peaches	1/8C	1/4C	1/4C
Romaine lettuce	1/4C	1/2C	1C	Green Beans	1/8C	1/4C	1/2C	Broccoli	1/8C	1/4C	1/2C	Sweet Potato Fries	3	5	10	Tomato Soup	Cond	Cond	Cond	
P.M. SNACK:	Water				Water				Water				Water				Water			
CHOOSE 2 MILK, FLUID MEAT/MEAT ALTERNATE GRAIN/BREAD JUICE/FRUIT	String Cheese	1/2	1/2	1	WG Veggie Cracker	1/2PK	1/2PK	1 PK	Yogurt	1/4C	1/4C	1/2C	Corn loaf	1/2	1/2	1	WG Biscuit	1/2	1/2	1
	Wheat Cracker	8	8	16	Orange	1	1	1 1/2	Carrot Sticks	6	6	9	Apple	1/2	1/2	3/4	Sun butter	1 TBL	1 TBL	2 TBL

(WW)=Whole wheat (WG)=Whole grain (TBL)=Tablespoon (CN)= Child Nutrition (PK)= Packet (C)=Cup (Cond)= Condiment (SL) = Slices	All milk served is unflavored 12-23 months Whole Milk (unflavored) 24-60 months 1% Milk (unflavored) 5 years and older 1% Milk (unflavored) All canned fruit are drained Hot dogs are diced Raw carrots are steamed
--	---

This institution is an equal opportunity provider

*seconds will be served upon child's request

Meal	April 25th				April 26th				April 27th				April 28th				April 29th			
	MONDAY				TUESDAY				WEDNESDAY				THURSDAY				FRIDAY			
	Food Item	1-2 yrs	3-5yrs	6+ yrs	Food Item	1-2 yrs	3-5yrs	6+ yrs	Food Item	1-2 yrs	3-5yrs	6+ yrs	Food Item	1-2 yrs	3-5yrs	6+ yrs	Food Item	1-2 yrs	3-5yrs	6+ yrs
BREAKFAST:	Milk	4oz	6oz	8oz	Milk	4oz	6oz	8oz	Milk	4oz	6oz	8oz	Milk	4oz	6oz	8oz	Milk	4oz	6oz	6oz
MILK, FLUID JUICE, FRUIT, VEGETABLE GRAIN/BREAD	Pancakes WG	1	1	2	Applesauce Egg patty	1/4C 1	1/2C 1	1/2C 1	Rice Krispy	3/4C	3/4C	1 1/4C	Cheerios WG	1/2C	1/2C	1C	WW Mini Bagel Cream Cheese	1	1	2
	Pineapple	1/4C	1/2C	1/2C	Corn Muffin	1/2	1/2	1	Banana	1/2	1	1	Pears	1/4C	1/2C	1/2C	Peaches	1/4C	1/2C	1/2C
LUNCH:	Milk	4oz	6oz	8oz	Milk	4oz	6oz	8oz	Milk	4oz	6oz	8oz	Milk	4oz	6oz	8oz	Milk	4oz	6oz	8oz
MILK, FLUID MEAT/MEAT ALTERNATE 1st FRUIT/VEG 2nd FRUIT/VEG GRAIN/BREAD OTHER	Turkey Sausage WG Mini Bagel	1 1	1 1/2 1	2 1	Fish Sticks CN WW Bread	2 1/2	3 1/2	4 1	Chicken Meatball Brown Rice	2 1/4C	2 1/4C	3 1/2C	Beef Crumble Pasta WW	1oz 1/4C	1.5oz 1/4C	2oz 1/2C	Chicken Gravy	1oz Cond	1.5oz Cond	2oz Cond
	Fruit Cocktail	1/8C	1/4C	1/4C	Peaches	1/8C	1/4C	1/4C	Pineapple	1/8C	1/4C	1/4C	Apple Slices	1/8C	1/4C	1/4C	Mashed Potato Pears	1/8C 1/8C	1/4C 1/4C	1/2C 1/4C
	Hash Brown	1 1/2	1	2	Corn	1/8C	1/4C	1/2C	Peas	1/8C	1/4C	1/2C	Green Beans	1/8C	1/4C	1/2C	WG Bread	1/2SL	1/2SL	1SL
P.M. SNACK: CHOOSE 2 MILK, FLUID MEAT/MEAT ALTERNATE GRAIN/BREAD JUICE/FRUIT	Water				Water				Water				Water				Water			
	Yogurt	1/4C	1/4C	1/2C	Corn loaf	1/2	1/2	1	WG Biscuit	1/2	1/2	1	WG Veggie Cracker	1/2PK	1/2PK	1 PK	String Cheese	1/2	1/2	1
	Carrot Sticks	6	6	9	Apple	1/2	1/2	3/4	Sun butter	1 TBL	1 TBL	2 TBL	Orange	1	1	1 1/2	Wheat Cracker	8	8	16

(WW)=Whole wheat (WG)=Whole grain (TBL)=Tablespoon (CN)= Child Nutrition (PK)= Packet (C)=Cup (Cond)= Condiment (SL) = Slices	All milk served is unflavored 12-23 months Whole Milk (unflavored) 24-60 months 1% Milk (unflavored) 5 years and older 1% Milk (unflavored) All canned fruit are drained Hot dogs are diced Raw carrots are steamed
--	---

This institution is an equal opportunity provider

*seconds will be served upon child's request