



Menu for Week of : May 2nd

2022

Meal	May 2nd				May 3rd				May 4th				May 5th				May 6th			
	MONDAY				TUESDAY				WEDNESDAY				THURSDAY				FRIDAY			
	Food Item	1-2 yrs	3-5yrs	6+ yrs	Food Item	1-2 yrs	3-5yrs	6+ yrs	Food Item	1-2 yrs	3-5yrs	6+ yrs	Food Item	1-2 yrs	3-5yrs	6+ yrs	Food Item	1-2 yrs	3-5yrs	6+ yrs
BREAKFAST:	Milk	4oz	6oz	8oz	Milk	4oz	6oz	8oz	Milk	4oz	6oz	8oz	Milk	4oz	6oz	6oz	Milk	4oz	6oz	8oz
MILK, FLUID JUICE, FRUIT, VEGETABLE GRAIN/BREAD	WW Mini Bagel Cream Cheese	1	1	2	Applesauce Egg patty	1/4C 1	1/2C 1	1/2C 1	Pancakes WG	1	1	2	Cheerios WG	1/2C	1/2C	1C	Rice Krispy	3/4C	3/4C	1 1/4C
	Pineapple	1/4C	1/2C	1/2C	Corn Muffin	1/2	1/2	1	Pears	1/4C	1/2C	1/2C	Banana	1/2	1	1	Peaches	1/4C	1/2C	1/2C
LUNCH:	Milk	4oz	6oz	8oz	Milk	4oz	6oz	8oz	Milk WG	4oz	6oz	8oz	Milk	4oz	6oz	8oz	Milk	4oz	6oz	8oz
MILK, FLUID MEAT/MEAT ALTERNATE 1st FRUIT/VEG 2nd FRUIT/VEG GRAIN/BREAD OTHER	Turkey Ham WW Roll	1oz 1/2	1.5oz 1/2	2oz 1	Beef Crumbles WW tortilla Shredded Cheddar	1oz 1 Cond	1.5oz 1 Cond	2oz 2 Cond	Chicken Nugget CN	3	5	5	WG Elbow Pasta Chicken Diced Cheddar Sauce	1/4C 1oz Cond	1/4C 1.5oz Cond	1/2C 2oz Cond	Turkey Dog WW Roll	1 1/2	1 1/2	1 1/2 1
	Apple Slices	1/8C	1/4C	1/4C	Fruit Cocktail	1/8C	1/4C	1/4C	Peaches	1/8C	1/4C	1/4C	Pineapple	1/8C	1/4C	1/4C	Pears	1/8C	1/4C	1/4C
	Mixed Veg	1/8C	1/4C	1/2C	Romaine lettuce	1/4C	1/2C	1C	Green Beans	1/8C	1/4C	1/2C	Broccoli	1/8C	1/4C	1/2C	Sweet Potato Fries	3	5	10
	Water				Water				Water				Water				Water			
P.M. SNACK: CHOOSE 2 MILK, FLUID MEAT/MEAT ALTERNATE GRAIN/BREAD JUICE/FRUIT	WG Biscuit	1/2	1/2	1	WG Veggie Cracker	1/2PK	1/2PK	1 PK	Yogurt	1/4C	1/4C	1/2C	Corn loaf	1/2	1/2	1	String Cheese	1/2	1/2	1
	Sun butter	1 TBL	1 TBL	2 TBL	Orange	1	1	1 1/2	Carrot Sticks	6	6	9	Apple	1/2	1/2	3/4	Wheat Cracker	8	8	16

(WW)=Whole wheat (WG)=Whole grain (TBL)=Tablespoon (CN)= Child Nutrition (PK)= Packet (C)=Cup (Cond)= Condiment (SL) = Slices	All milk served is unflavored 12-23 months Whole Milk (unflavored) 24-60 months 1% Milk (unflavored) 5 years and older 1% Milk (unflavored) All canned fruit are drained Hot dogs are diced Raw carrots are steamed
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Menu for Week of : May 9th

2022

Meal	May 9th				May 10th				May 11th				May 12th				May 13th			
	MONDAY				TUESDAY				WEDNESDAY				THURSDAY				FRIDAY			
	Food Item	1-2 yrs	3-5yrs	6+ yrs	Food Item	1-2 yrs	3-5yrs	6+ yrs	Food Item	1-2 yrs	3-5yrs	6+ yrs	Food Item	1-2 yrs	3-5yrs	6+ yrs	Food Item	1-2 yrs	3-5yrs	6+ yrs
BREAKFAST:	Milk	4oz	6oz	8oz	Milk	4oz	6oz	6oz	Milk	4oz	6oz	8oz	Milk	4oz	6oz	8oz	Milk	4oz	6oz	8oz
MILK, FLUID JUICE, FRUIT, VEGETABLE GRAIN/BREAD	Applesauce	1/4C	1/2C	1/2C	Cheerios WG	1/2C	1/2C	1C	Rice Krispy	3/4C	3/4C	1 1/4C	WW Mini Bagel Cream Cheese	1	1	2	Pancakes WG	1	1	2
	Egg patty	1	1	1	Pineapple	1/4C	1/2C	1/2C	Banana	1/2	1	1	Pears	1/4C	1/2C	1/2C	Peaches	1/4C	1/2C	1/2C
LUNCH:	Milk	4oz	6oz	8oz	Milk	4oz	6oz	8oz	Milk	4oz	6oz	8oz	Milk	4oz	6oz	8oz	Milk	4oz	6oz	8oz
MILK, FLUID MEAT/MEAT ALTERNATE 1st FRUIT/VEG 2nd FRUIT/VEG GRAIN/BREAD OTHER	WW				Turkey Sausage	1	1 1/2	2	Fish Sticks CN	2	3	4	Chicken Meatball	2	2	3	Beef Crumble	1oz	1.5oz	2oz
	English Muffin	1/2	1/2	1	WG Mini Bagel	1	1	1	WW Bread	1/2	1/2	1	Brown Rice	1/4C	1/4C	1/2C	Pasta	1/4C	1/4C	1/2C
	Cheese	1oz	1.5oz	2oz	Pears	1/8C	1/4C	1/4C	Peaches	1/8C	1/4C	1/4C	Fruit Cocktail	1/8C	1/4C	1/4C	WW			
	Lettuce	1/4C	1/2C	1C	Hash Brown	1/2	1	2	Corn	1/8C	1/4C	1/2C	Peas	1/8C	1/4C	1/2C	Apple Slices	1/8C	1/4C	1/4C
P.M. SNACK:	Water			Water				Water				Water				Water				
CHOOSE 2 MILK, FLUID MEAT/MEAT ALTERNATE GRAIN/BREAD JUICE/FRUIT	String Cheese	1/2	1/2	1	Yogurt	1/4C	1/4C	1/2C	WG Biscuit	1/2	1/2	1	Corn loaf	1/2	1/2	1	WG Veggie Cracker	1/2PK	1/2PK	1 PK
	Wheat Cracker	8	8	16	Carrot Sticks	6	6	9	Sun butter	1 TBL	1 TBL	2 TBL	Apple	1/2	1/2	3/4	Orange	1	1	1 1/2

(WW)=Whole wheat	All milk served is unflavored
(WG)=Whole grain	12-23 months Whole Milk (unflavored)
(TBL)=Tablespoon	24-60 months 1% Milk (unflavored)
(CN)= Child Nutrition	5 years and older 1% Milk (unflavored)
(PK)= Packet	
(C)=Cup	All canned fruit are drained
(Cond)= Condiment	Hot dogs are diced
(SL) = Slices	Raw carrots are steamed

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Menu for Week of : May 16th

2022

Meal	May 16th				May 17th				May 18th				May 19th				May 20th			
	MONDAY				TUESDAY				WEDNESDAY				THURSDAY				FRIDAY			
	Food Item	1-2 yrs	3-5yrs	6+ yrs	Food Item	1-2 yrs	3-5yrs	6+ yrs	Food Item	1-2 yrs	3-5yrs	6+ yrs	Food Item	1-2 yrs	3-5yrs	6+ yrs	Food Item	1-2 yrs	3-5yrs	6+ yrs
BREAKFAST:	Milk	4oz	6oz	8oz	Milk	4oz	6oz	8oz	Milk	4oz	6oz	8oz	Milk	4oz	6oz	8oz	Milk	4oz	6oz	6oz
MILK, FLUID JUICE, FRUIT, VEGETABLE GRAIN/BREAD	Rice Krispy	3/4C	3/4C	1 1/4C	WW Mini Bagel Cream Cheese	1	1	2	Applesauce Egg patty	1/4C 1	1/2C 1	1/2C 1	Pancakes WG	1	1	2	Cheerios WG	1/2C	1/2C	1C
	Banana	1/4C	1/2C	1/2C	Pineapple	1/4C	1/2C	1/2C	Corn Muffin	1/2	1/2	1	Pears	1/4C	1/2C	1/2C	Peaches	1/2	1	1
LUNCH:	Milk	4oz	6oz	8oz	Milk	4oz	6oz	8oz	Milk	4oz	6oz	8oz	Milk WG	4oz	6oz	8oz	Milk	4oz	6oz	8oz
MILK, FLUID MEAT/MEAT ALTERNATE 1st FRUIT/VEG 2nd FRUIT/VEG GRAIN/BREAD OTHER	Chicken Gravy	1oz Cond	1.5oz Cond	2oz Cond	Turkey Ham WW Roll	1oz 1/2	1.5oz 1/2	2oz 1	Beef Crumbles WW tortilla Shredded Cheddar	1oz 1 Cond	1.5oz 1 Cond	2oz 2 Cond	Chicken Nugget CN	3	5	5	WG Elbow Pasta Chicken Diced Cheddar Sauce	1/4C 1oz Cond	1/4C 1.5oz Cond	1/2C 2oz Cond
	Mashed Potato	1/8C	1/4C	1/2C	Fruit Cocktail	1/8C	1/4C	1/4C	Pears	1/8C	1/4C	1/4C	Apple Slices	1/8C	1/4C	1/4C	Pineapple	1/8C	1/4C	1/4C
	Peaches	1/8C	1/4C	1/4C	Mixed Veg	1/8C	1/4C	1/2C	Romaine lettuce	1/4C	1/2C	1C	Green Beans	1/8C	1/4C	1/2C	Broccoli	1/8C	1/4C	1/2C
	WG Bread	1/2SL	1/2SL	1SL	Water				Water				Water				Water			
P.M. SNACK: CHOOSE 2 MILK, FLUID MEAT/MEAT ALTERNATE GRAIN/BREAD JUICE/FRUIT	Water				String Cheese	1/2	1/2	1	Yogurt	1/4C	1/4C	1/2C	Corn loaf	1/2	1/2	1	WG Biscuit	1/2	1/2	1
	WG Veggie Cracker	1/2PK	1/2PK	1 PK	Wheat Cracker	8	8	16	Carrot Sticks	6	6	9	Apple	1/2	1/2	3/4	Sun butter	1 TBL	1 TBL	2 TBL

(WW)=Whole wheat (WG)=Whole grain (TBL)=Tablespoon (CN)= Child Nutrition (PK)= Packet (C)=Cup (Cond)= Condiment (SL) = Slices	All milk served is unflavored 12-23 months Whole Milk (unflavored) 24-60 months 1% Milk (unflavored) 5 years and older 1% Milk (unflavored) All canned fruit are drained Hot dogs are diced Raw carrots are steamed
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Menu for Week of : May 23rd

2022

Meal	May 23rd				May 24th				May 25th				May 26th				May 27th			
	MONDAY				TUESDAY				WEDNESDAY				THURSDAY				FRIDAY			
	Food Item	1-2 yrs	3-5yrs	6+ yrs	Food Item	1-2 yrs	3-5yrs	6+ yrs	Food Item	1-2 yrs	3-5yrs	6+ yrs	Food Item	1-2 yrs	3-5yrs	6+ yrs	Food Item	1-2 yrs	3-5yrs	6+ yrs
BREAKFAST:	Milk	4oz	6oz	8oz	Milk	4oz	6oz	8oz	Milk	4oz	6oz	8oz	Milk	4oz	6oz	8oz	Milk	4oz	6oz	6oz
MILK, FLUID JUICE, FRUIT, VEGETABLE GRAIN/BREAD	Pancakes WG	1	1	2	Applesauce	1/4C	1/2C	1/2C	Rice Krispy	3/4C	3/4C	1 1/4C	Cheerios WG	1/2C	1/2C	1C	WW Mini Bagel	1	1	2
	Pineapple	1/4C	1/2C	1/2C	Egg patty	1	1	1	Banana	1/2	1	1	Pears	1/4C	1/2C	1/2C	Cream Cheese			
LUNCH:	Milk	4oz	6oz	8oz	Milk	4oz	6oz	8oz	Milk	4oz	6oz	8oz	Milk	4oz	6oz	8oz	Milk	4oz	6oz	8oz
MILK, FLUID MEAT/MEAT ALTERNATE 1st FRUIT/VEG 2nd FRUIT/VEG GRAIN/BREAD OTHER	Turkey Dog	1	1	1 1/2	WW				Turkey Sausage	1	1 1/2	2	Fish Sticks CN	2	3	4	Chicken	2	2	3
	WW Roll	1/2	1/2	1	English Muffin	1/2	1/2	1	WG Mini Bagel	1	1	1	WW Bread	1/2	1/2	1	Meatball			
	Peaches	1/8C	1/4C	1/4C	Cheese	1oz	1.5oz	2oz					Apple Slices	1/8C	1/4C	1/4C	Brown Rice	1/4C	1/4C	1/2C
	Sweet Potato Fries	3	5	10	Lettuce	1/4C	1/2C	1C	Fruit Cocktail	1/8C	1/4C	1/4C	Corn	1/8C	1/4C	1/2C	Pineapple	1/8C	1/4C	1/4C
P.M. SNACK:	Water				Water				Water				Water				Water			
CHOOSE 2 MILK, FLUID MEAT/MEAT ALTERNATE GRAIN/BREAD JUICE/FRUIT	Corn loaf	1/2	1/2	1	Yogurt	1/4C	1/4C	1/2C	WG Biscuit	1/2	1/2	1	WG Veggie Cracker	1/2PK	1/2PK	1 PK	String Cheese	1/2	1/2	1
	Apple	1/2	1/2	3/4	Carrot Sticks	6	6	9	Sun butter	1 TBL	1 TBL	2 TBL	Orange	1	1	1 1/2	Wheat Cracker	8	8	16

(WW)=Whole wheat	All milk served is unflavored 12-23 months Whole Milk (unflavored) 24-60 months 1% Milk (unflavored) 5 years and older 1% Milk (unflavored)
(WG)=Whole grain	
(TBL)=Tablespoon	
(CN)= Child Nutrition	
(PK)= Packet	All canned fruit are drained Hot dogs are diced Raw carrots are steamed
(C)=Cup	
(Cond)= Condiment	
(SL) = Slices	

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Menu for Week of : May 30th

2022

Meal	May 30th				May 31st				June 1st				June 2nd				June 3rd							
	MONDAY				TUESDAY				WEDNESDAY				THURSDAY				FRIDAY							
	Food Item	1-2 yrs	3-5yrs	6+ yrs	Food Item	1-2 yrs	3-5yrs	6+ yrs	Food Item	1-2 yrs	3-5yrs	6+ yrs	Food Item	1-2 yrs	3-5yrs	6+ yrs	Food Item	1-2 yrs	3-5yrs	6+ yrs				
BREAKFAST:					Milk	4oz	6oz	6oz	Milk	4oz	6oz	8oz	Milk	4oz	6oz	8oz	Milk	4oz	6oz	8oz				
MILK, FLUID JUICE, FRUIT, VEGETABLE GRAIN/BREAD					Cheerios WG	1/2C	1/2C	1C	WW Mini Bagel Cream Cheese	1	1	2	Rice Krispy	3/4C	3/4C	11/4C	Pancakes WG	1	1	2				
LUNCH:					Banana	1/2	1	1	Pears	1/4C	1/2C	1/2C	Peaches	1/2	1	1	Pineapple	1/4C	1/2C	1/2C				
MILK, FLUID MEAT/MEAT ALTERNATE 1st FRUIT/VEG 2nd FRUIT/VEG GRAIN/BREAD OTHER					Milk	4oz	6oz	8oz	Milk	4oz	6oz	8oz	Milk	4oz	6oz	8oz	Milk WG	4oz	6oz	8oz				
					Chicken Gravy	1oz Cond	1.5oz Cond	2oz Cond	Turkey Ham WW Roll	1oz 1/2	1.5oz 1/2	2oz 1	Beef Crumbles WW tortilla Shredded Cheddar	1oz 1 Cond	1.5oz 1 Cond	2oz 2 Cond	Chicken Nugget CN	3	5	5				
					Mashed Potato	1/8C	1/4C	1/2C	Pineapple	1/8C	1/4C	1/4C	Fruit Cocktail	1/8C	1/4C	1/4C	Apple Slices	1/8C	1/4C	1/4C				
					Peaches	1/8C	1/4C	1/4C	Mixed Veg	1/8C	1/4C	1/2C	Romaine lettuce	1/4C	1/2C	1C	Green Beans	1/8C	1/4C	1/2C				
P.M. SNACK:					WG Bread	1/2SL	1/2SL	1SL	Water				Water				Water							
CHOOSE 2 MILK, FLUID MEAT/MEAT ALTERNATE GRAIN/BREAD					Water				WG Veggie Cracker	1/2PK	1/2PK	1 PK	Yogurt	1/4C	1/4C	1/2C	Corn loaf	1/2	1/2	1	WG Biscuit	1/2	1/2	1
JUICE/FRUIT					Orange	1	1	1 1/2	Carrot Sticks	6	6	9	Apple	1/2	1/2	3/4	Sun butter	1 TBL	1 TBL	2 TBL				

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