

Meal	June 1st				June 2nd				June 3rd				June 4th				June 5th			
	MONDAY				TUESDAY				WEDNESDAY				THURSDAY				FRIDAY			
	Food Item	1-2 yrs	3-5yrs	6+ yrs	Food Item	1-2 yrs	3-5yrs	6+ yrs	Food Item	1-2 yrs	3-5yrs	6+ yrs	Food Item	1-2 yrs	3-5yrs	6+ yrs	Food Item	1-2 yrs	3-5yrs	6+ yrs
Milk Type	Whole/1%	1% Milk	1% Milk	Milk Type	Whole/1%	1% Milk	1% Milk	Milk Type	Whole/1%	1% Milk	1% Milk	Milk Type	Whole/1%	1% Milk	1% Milk	Milk Type	Whole/1%	1% Milk	1% Milk	
BREAKFAST:	Milk	4oz	6oz	8oz	Milk	4oz	6oz	8oz	Milk	4oz	6oz	8oz	Milk	4oz	6oz	8oz	Milk	4oz	6oz	8oz
MILK, FLUID JUICE, FRUIT, VEGETABLE GRAIN/ BREAD	GF Chex Cereal	3/4C	3/4C	11/4C	Yogurt	1/4C	1/4C	1/2C	WG Blueberry Muffin	1/2	1/2	1	WG Waffle	1/2	1/2	1	WG Toasted Oats Cereal	1/2C	1/2C	1C
	Fruit Cocktail	1/4C	1/2C	1/2C	Banana	1/2	1	1	Frozen Mango	1/4C	1/2C	1/2C	Warm Mixed Berries	1/4C	1/2C	1/2C	Peaches	1/4C	1/2C	1/2C
LUNCH:	Milk	4oz	6oz	8oz	Milk	4oz	6oz	8oz	Milk	4oz	6oz	8oz	Milk	4oz	6oz	8oz	Milk	4oz	6oz	8oz
MILK, FLUID MEAT/MEAT ALTERNATE 1st FRUIT/VEG 2nd FRUIT/VEG GRAIN/BREAD OTHER	Chicken Griller				WG Flatbread Pizza				Chicken Parm Sandwich				BBQ Meatball Sub				Spiral Pasta Salad			
	Grilled Chicken Patty	1/2 Patty	1 Patty	1 Patty	Shredded Mozzarella	1 oz	1.5 oz	2 oz	CN Chicken Patty #276770 3.19 oz Patty = 2 oz MMA & 1 oz eq	1/2 Patty	1 Patty	1 Patty	CN Chicken Meatball 3 Meatballs = 2.5 oz M/MA (Or) Turkey Meatballs 6 Meatballs = 1.5 oz M/MA	2	3	3	Diced Turkey Ham #290750 1.5 oz = 1 oz M/MA	1.5oz	2.25oz	3 oz
	WG Hamburger Roll	1/2	1	1	WG Flatbread Squares	4 sq	4 sq	4 sq	WG Hamburger Roll	1/2	1	1	WG Roll	1/2	1	1	WG Rotini Pasta Italian	1/4C	1/4c	1/2C
	Mayo	Cond	Cond	Cond	Marinara	Cond	Cond	Cond	Marinara/Shredded Mozz	Cond	Cond	Cond	BBQ Sauce	Cond	Cond	Cond	Dressing/Shredded Cheddar	Cond	Cond	Cond
	Peaches	1/8C	1/4C	1/4C	Diced Pears	1/8C	1/4C	1/4C	Peaches	1/8C	1/4C	1/4C	Applesauce	1/8C	1/4C	1/4C	Fresh Apple Slices	1/8C	1/4C	1/4C
	Vegetarian Beans	1/8C	1/4C	1/2C	Carrot Sticks	1/8C	1/4C	1C	Green Beans	1/8C	1/4C	1/2C	Diced Carrots	1/8C	1/4C	1/2C	Frozen Peppers	1/8C	1/4C	1/2C
P.M. SNACK:	Water				Water				Water				Water				Water			
CHOOSE 2 MILK, FLUID MEAT/MEAT ALTERNATE GRAIN/ BREAD	Yogurt	1/4C	1/4C	1/2C	Townhouse Crackers	4 ea	4 ea	8 ea	WG Tortilla Chips	4 ea	4 ea	8 ea	Vanilla Bear Grahams	1/2 pack	1/2 pack	1 pack	Graham Crackers #432190	2 ea	2 ea	4 ea
	WG Granola	1/2 bag	1/2 bag	1 bag	Sliced Cheese	1/2	1/2	1	Guacamole	Cond	Cond	Cond	Clementines	1.5	1.5	2	Banana	1/2	1/2	1
JUICE/FRUIT VEGETABLE																				

(WG)=Whole Grain
(TBL)=Tablespoon
(CN)= Child Nutrition
(PK)= Packet
(C)=Cup

(Cond)= Condiment
(SL) = Slices

All milk served is unflavored
12-23 months Whole Milk (unflavored)
24-60 months 1% Milk (unflavored)
5 years and older 1% Milk (unflavored)

Meatballs are to be cut for ALL ages
All canned fruit are drained
Raw carrots are steamed

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Seconds will be served upon child's request



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Meal	June 8th				June 9th				June 10th				June 11th				June 12th			
	MONDAY				TUESDAY				WEDNESDAY				THURSDAY				FRIDAY			
	Food Item	1-2 yrs	3-5yrs	6+ yrs	Food Item	1-2 yrs	3-5yrs	6+ yrs	Food Item	1-2 yrs	3-5yrs	6+ yrs	Food Item	1-2 yrs	3-5yrs	6+ yrs	Food Item	1-2 yrs	3-5yrs	6+ yrs
Milk Type	Whole/1%	1% Milk	1% Milk	Milk Type	Whole/1%	1% Milk	1% Milk	Milk Type	Whole/1%	1% Milk	1% Milk	Milk Type	Whole/1%	1% Milk	1% Milk	Milk Type	Whole/1%	1% Milk	1% Milk	
BREAKFAST:	Milk	4oz	6oz	8oz	Milk	4oz	6oz	8oz	Milk	4oz	6oz	8oz	Milk	4oz	6oz	8oz	Milk	4oz	6oz	8oz
MILK, FLUID JUICE, FRUIT, VEGETABLE GRAIN/ BREAD	WG Apple Cinnamon Loaf	1/2	1/2	1	Cinnamon Raisin Bread	1/2	1/2	1	WG French Toast Sticks	1	1	2	WG Biscuit	1/2	1/2	1	GF Chex Cereal	3/4C	3/4C	11/4C
	Frozen Mango	1/4C	1/2C	1/2C	Banana	1/2	1	1	Fresh Apple Slices	1/2 bag	1 bag	1 bag	Jelly	Cond	Cond	Cond	Fruit Cocktail	1/4C	1/2C	1/2C
LUNCH:	Milk	4oz	6oz	8oz	Milk	4oz	6oz	8oz	Milk	4oz	6oz	8oz	Milk	4oz	6oz	8oz	Milk	4oz	6oz	8oz
MILK, FLUID MEAT/MEAT ALTERNATE 1st FRUIT/VEG 2nd FRUIT/VEG GRAIN/BREAD OTHER	Taco Pizza				Fish Sticks				Chicken Teriyaki				Turkey Stacker				WG CN Chicken Nugget Dippers	3	4	5
	CN Beef Crumble 2.20 oz Crumbles = 2 oz M/MA	1.5 oz	2.5 oz	3oz	WG CN Fish Sticks 4 Stickss = 2 oz M/MA & 2 oz eq Grain	2	3	4	Diced Chicken #276780 2.5 oz = 2 oz M/MA	1.25 oz	1.9 oz	2.5 oz	Deli Turkey #290430 5 slices= 2 oz M/MA	2	3	4	5 Nuggets = 2 oz M/MA & 2 oz eq Grain			
	WG Tostada	2	2	3	WW Bread	1/2	1/2	1	Brown Rice	1/4C	1/4C	1/2C	American Cheese Slice	1/2	1	1				
	Salsa/Shredded Cheddar	Cond	Cond	Cond					Teriyaki Sauce	Cond	Cond	Cond	WG Slider Roll	1	1	1				
	Fruit Cocktail	1/8C	1/4C	1/4C	Applesauce	1/8C	1/4C	1/4C	Mandarin Oranges	1/8C	1/4C	1/4C	Honey Mustard	Cond	Cond	Cond	Ketchup	Cond	Cond	Cond
	Corn	1/8C	1/4C	1/2C	Parmesan Roasted Broccoli	1/8C	1/4C	1/2C	Stirfry Veggies	1/8C	1/4C	1/2C	Dr Praeger Broccoli Bites	1/8C	1/4C	1/2C	Peaches	1/8C	1/4C	1/4C
P.M. SNACK:	Water				Water				Water				Water				Water			
CHOOSE 2 MILK, FLUID MEAT/MEAT ALTERNATE GRAIN/ BREAD	WG Soft Pretzel	1/2	1/2	1	WG Corn Loaf	1/2	1/2	1	WG Goldfish Crackers	20 (1/4C)	20 (1/4C)	40 (1/2C)	Banana Sushi Roll				WG Animal Crackers	1/2 bag	1/2 bag	1 bag
	String Cheese	1/2	1/2	1	Diced Pears	1/2C	1/2C	3/4C	Cucumber Slices or Carrot Sticks Ranch	1/2C	1/2C	3/4C	Apple Cinnamon Chickpea Butter Cup	1 ea	1 ea	1 ea				
JUICE/FRUIT VEGETABLE													WG Tortilla	1/2	1/2	1				
													Banana	1/2	1/2	1	Fresh Apple Slices	1 bag	1 bag	2 bags

(WG)=Whole Grain
(TBL)=Tablespoon
(CN)= Child Nutrition
(PK)= Packet
(C)=Cup
(Cond)= Condiment
(SL) = Slices

All milk served is unflavored
12-23 months Whole Milk (unflavored)
24-60 months 1% Milk (unflavored)
5 years and older 1% Milk (unflavored)

Meatballs are to be cut for ALL ages
All canned fruit are drained
Raw carrots are steamed

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Meal	June 15th				June 16th				June 17th				June 18th				June 19th			
	MONDAY				TUESDAY				WEDNESDAY				THURSDAY				FRIDAY			
	Food Item	1-2 yrs	3-5yrs	6+ yrs	Food Item	1-2 yrs	3-5yrs	6+ yrs	Food Item	1-2 yrs	3-5yrs	6+ yrs	Food Item	1-2 yrs	3-5yrs	6+ yrs	Food Item	1-2 yrs	3-5yrs	6+ yrs
Milk Type	Whole/1%	1% Milk	1% Milk	Milk Type	Whole/1%	1% Milk	1% Milk	Milk Type	Whole/1%	1% Milk	1% Milk	Milk Type	Whole/1%	1% Milk	1% Milk	Milk Type	Whole/1%	1% Milk	1% Milk	
BREAKFAST:	Milk	4oz	6oz	8oz	Milk	4oz	6oz	8oz	Milk	4oz	6oz	8oz	Milk	4oz	6oz	8oz	Milk	4oz	6oz	8oz
MILK, FLUID JUICE, FRUIT, VEGETABLE GRAIN/ BREAD	Yogurt	1/4C	1/4C	1/2C	WG Blueberry Muffin	1/2	1/2	1	WG Waffle	1/2	1/2	1	WG Toasted Oats Cereal	1/2C	1/2C	1C	WG Apple Cinnamon Loaf	1/2	1/2	1
	Frozen Mango	1/4C	1/2C	1/2C	Banana	1/2	1	1	Warm Mixed Berries	1/4C	1/2C	1/2C	Fresh Apple Slices	1/2 bag	1 bag	1 bag	Frozen Mango	1/4C	1/2C	1/2C
LUNCH:	Milk	4oz	6oz	8oz	Milk	4oz	6oz	8oz	Milk	4oz	6oz	8oz	Milk	4oz	6oz	8oz	Milk	4oz	6oz	8oz
MILK, FLUID MEAT/MEAT ALTERNATE 1st FRUIT/VEG 2nd FRUIT/VEG GRAIN/BREAD OTHER	Chicken Quesadilla				Chicken Griller				WG Flatbread Pizza				Chicken Parm Sandwich				BBQ Meatball Sub			
	Diced Chicken #276780 2.5 oz = 2 oz M/MA	1.25 oz	1.9 oz	2.5 oz	Grilled Chicken Patty	1/2 Patty	1 Patty	1 Patty	Shredded Mozzarella	1 oz	1.5 oz	2 oz	CN Chicken Meatball #276770 3.19 oz Patty = 2 oz MMA & 1 oz eq Grain	1/2 Patty	1 Patty	1 Patty	CN Chicken Meatball 3 Meatballs = 2.5 oz M/MA (Or) Turkey Meatballs 6 Meatballs = 1.5 oz M/MA	2	3	3
	WG Tortilla	1/2	1/2	1	WG Hamburger Roll	1/2	1	1	WG Flatbread Squares	4 sq	4 sq	4 sq	WG Hamburger Roll	1/2	1	1	WG Roll	1/2	1	1
	Salsa/Shredded Cheddar	Cond	Cond	Cond	Mayo	Cond	Cond	Cond	Marinara	Cond	Cond	Cond	Marinara/Shredded Mozz	Cond	Cond	Cond	BBQ Sauce	Cond	Cond	Cond
	Mandarin Oranges	1/8C	1/4C	1/4C	Fruit Cocktail	1/8C	1/4C	1/4C	Diced Pears	1/8C	1/4C	1/4C	Peaches	1/8C	1/4C	1/4C	Applesauce	1/8C	1/4C	1/4C
	Corn	1/8C	1/4C	1/2C	Vegetarian Beans	1/8C	1/4C	1/2C	Carrot Sticks	1/8C	1/4C	1C	Green Beans	1/8C	1/4C	1/2C	Diced Carrots	1/8C	1/4C	1/2C
P.M. SNACK:	Water				Water				Water				Water				Water			
CHOOSE 2 MILK, FLUID MEAT/MEAT ALTERNATE GRAIN/ BREAD	Yogurt	1/4C	1/4C	1/2C	Townhouse Crackers	4 ea	4 ea	8 ea	WG Tortilla Chips	4 ea	4 ea	8 ea	Vanilla Bear Grahams	1/2 pack	1/2 pack	1 pack	Graham Crackers #432190	2 ea	2 ea	4 ea
JUICE/FRUIT VEGETABLE	WG Granola	1/2 bag	1/2 bag	1 bag	Sliced Cheese	1/2	1/2	1	Guacamole	Cond	Cond	Cond	Clementines	1.5	1.5	2	Banana	1/2	1/2	1

(WG)=Whole Grain
(TBL)=Tablespoon
(CN)= Child Nutrition
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All milk served is unflavored
12-23 months Whole Milk (unflavored)
24-60 months 1% Milk (unflavored)
5 years and older 1% Milk (unflavored)

Meatballs are to be cut for ALL ages

All canned fruit are drained
Raw carrots are steamed

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Meal	June 22nd				June 23rd				June 24th				June 25th				June 26th			
	MONDAY				TUESDAY				WEDNESDAY				THURSDAY				FRIDAY			
	Food Item	1-2 yrs	3-5yrs	6+ yrs	Food Item	1-2 yrs	3-5yrs	6+ yrs	Food Item	1-2 yrs	3-5yrs	6+ yrs	Food Item	1-2 yrs	3-5yrs	6+ yrs	Food Item	1-2 yrs	3-5yrs	6+ yrs
Milk Type	Whole/1%	1% Milk	1% Milk	Milk Type	Whole/1%	1% Milk	1% Milk	Milk Type	Whole/1%	1% Milk	1% Milk	Milk Type	Whole/1%	1% Milk	1% Milk	Milk Type	Whole/1%	1% Milk	1% Milk	
BREAKFAST:	Milk	4oz	6oz	8oz	Milk	4oz	6oz	8oz	Milk	4oz	6oz	8oz	Milk	4oz	6oz	8oz	Milk	4oz	6oz	8oz
MILK, FLUID JUICE, FRUIT, VEGETABLE GRAIN/BREAD	Cinnamon Raisin Bread	1/2	1/2	1	WG French Toast Sticks	1	1	2	WG Biscuit	1/2	1/2	1	GF Chex Cereal	3/4C	3/4C	11/4C	Yogurt	1/4C	1/4C	1/2C
	Fruit Cocktail	1/4C	1/2C	1/2C	Fresh Apple Slices	1/2 bag	1 bag	1 bag	Jelly	Cond	Cond	Cond	Banana	1/2	1	1	Frozen Mango	1/4C	1/2C	1/2C
LUNCH:	Milk	4oz	6oz	8oz	Milk	4oz	6oz	8oz	Milk	4oz	6oz	8oz	Milk	4oz	6oz	8oz	Milk	4oz	6oz	8oz
MILK, FLUID MEAT/MEAT ALTERNATE 1st FRUIT/VEG 2nd FRUIT/VEG GRAIN/BREAD OTHER	Spiral Pasta Salad				Taco Pizza				Fish Sticks				Chicken Teriyaki				Turkey Stacker			
	Diced Turkey Ham #290750 1.5 oz = 1 oz M/MA	1.5oz	2.25oz	3 oz	CN Beef Crumble 2.20 oz Crumbles = 2 oz M/MA	1.5 oz	2.5 oz	3oz	WG CN Fish Sticks 4 Stickss = 2 oz M/MA & 2 oz eq Grain	2	3	4	Diced Chicken #276780 2.5 oz = 2 oz M/MA	1.25 oz	1.9 oz	2.5 oz	Deli Turkey #290430 5 slices= 2 oz M/MA	2	3	4
	WG Rotini Pasta	1/4C	1/4c	1/2C	WG Tostada	2	2	3	WW Bread	1/2	1/2	1	Brown Rice	1/4C	1/4C	1/2C	American Cheese Slice	1/2	1	1
	Italian Dressing/Shredded Cheddar	Cond	Cond	Cond	Salsa/Shredded Cheddar	Cond	Cond	Cond					Teriyaki Sauce	Cond	Cond	Cond	WG Slider Roll	1	1	1
	Frozen Mixed Berries	1/8C	1/4C	1/4C	Fruit Cocktail	1/8C	1/4C	1/4C	Applesauce	1/8C	1/4C	1/4C	Mandarin Oranges	1/8C	1/4C	1/4C	Honey Mustard	Cond	Cond	Cond
	Frozen Peppers	1/8C	1/4C	1/2C	Corn	1/8C	1/4C	1/2C	Parmesan Roasted Broccoli	1/8C	1/4C	1/2C	Stirfry Veggies	1/8C	1/4C	1/2C	Diced Pears	1/8C	1/4C	1/4C
P.M. SNACK:	Water			Water				Water				Water				Water				
CHOOSE 2 MILK, FLUID MEAT/MEAT ALTERNATE GRAIN/BREAD	WG Soft Pretzel	1/2	1/2	1	WG Corn Loaf	1/2	1/2	1	WG Goldfish Crackers	20 (1/4C)	20 (1/4C)	40 (1/2C)	Banana Sushi Roll				WG Animal Crackers	1/2 bag	1/2 bag	1 bag
	String Cheese	1/2	1/2	1	Diced Pears	1/2C	1/2C	3/4C	Cucumber Slices or Carrot Sticks Ranch	1/2C	1/2C	3/4C	Apple Cinnamon Chickpea Butter Cup	1 ea	1 ea	1 ea	WG Tortilla	1/2	1/2	1
JUICE/FRUIT VEGETABLE												Banana	1/2	1/2	1	Fresh Apple Slices	1 bag	1 bag	2 bags	

(WG)=Whole Grain (TBL)=Tablespoon (CN)= Child Nutrition (PK)= Packet (C)=Cup (Cond)= Condiment (SL) = Slices	<p>All milk served is unflavored 12-23 months Whole Milk (unflavored) 24-60 months 1% Milk (unflavored) 5 years and older 1% Milk (unflavored)</p> <p>Meatballs are to be cut for ALL ages</p> <p>All canned fruit are drained Raw carrots are steamed</p>
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Meal	June 29th				June 30th				July 1st				July 2nd				July 3rd			
	MONDAY				TUESDAY				WEDNESDAY				THURSDAY				FRIDAY			
	Food Item	1-2 yrs	3-5yrs	6+ yrs	Food Item	1-2 yrs	3-5yrs	6+ yrs	Food Item	1-2 yrs	3-5yrs	6+ yrs	Food Item	1-2 yrs	3-5yrs	6+ yrs	Food Item	1-2 yrs	3-5yrs	6+ yrs
Milk Type	Whole/1%	1% Milk	1% Milk	Milk Type	Whole/1%	1% Milk	1% Milk	Milk Type	Whole/1%	1% Milk	1% Milk	Milk Type	Whole/1%	1% Milk	1% Milk	Milk Type	Whole/1%	1% Milk	1% Milk	
BREAKFAST:	Milk	4oz	6oz	8oz	Milk	4oz	6oz	8oz	Milk	4oz	6oz	8oz	Milk	4oz	6oz	8oz	Milk	4oz	6oz	8oz
MILK, FLUID JUICE, FRUIT, VEGETABLE GRAIN/ BREAD	WG Blueberry Muffin	1/2	1/2	1	WG Waffle	1/2	1/2	1	WG Toasted Oats Cereal	1/2C	1/2C	1C	WG Apple Cinnamon Loaf	1/2	1/2	1	Cinnamon Raisin Bread	1/2	1/2	1
	Frozen Mango	1/4C	1/2C	1/2C	Warm Mixed Berries	1/4C	1/2C	1/2C	Peaches	1/4C	1/2C	1/2C	Banana	1/2	1	1	Banana	1/2	1	1
LUNCH:	Milk	4oz	6oz	8oz	Milk	4oz	6oz	8oz	Milk	4oz	6oz	8oz	Milk	4oz	6oz	8oz	Milk	4oz	6oz	8oz
MILK, FLUID MEAT/MEAT ALTERNATE 1st FRUIT/VEG 2nd FRUIT/VEG GRAIN/BREAD OTHER	WG CN Chicken Nugget Dippers	3	4	5	Chicken Quesadilla				Chicken Griller				WG Flatbread Pizza				Chicken Parm Sandwich			
	<i>5 Nuggets = 2 oz M/MA & 2 oz eq Grain</i>				<i>Diced Chicken #276780 2.5 oz = 2 oz M/MA</i>	1.25 oz	1.9 oz	2.5 oz	<i>Grilled Chicken Patty</i>	1/2 Patty	1 Patty	1 Patty	<i>Shredded Mozzarella</i>	1 oz	1.5 oz	2 oz	<i>CN Chicken Patty #276770 3.19 oz Patty = 2 oz MMA & 1 oz eq Grain</i>	1/2 Patty	1 Patty	1 Patty
					WG Tortilla	1/2	1/2	1	WG Hamburger Roll	1/2	1	1	WG Flatbread Squares	4 sq	4 sq	4 sq	WG Hamburger Roll	1/2	1	1
	Ketchup	Cond	Cond	Cond	Salsa/Shredded Cheddar	Cond	Cond	Cond	Mayo	Cond	Cond	Cond	Marinara	Cond	Cond	Cond	Marinara/Shredded Mozz	Cond	Cond	Cond
	Peaches	1/8C	1/4C	1/4C	Frozen Mango	1/8C	1/4C	1/4C	Fruit Cocktail	1/8C	1/4C	1/4C	Diced Pears	1/8C	1/4C	1/4C	Peaches	1/8C	1/4C	1/4C
	Krinkle Fries	1/8C	1/4C	1/2C	Mixed Vegetables	1/8C	1/4C	1/2C	Vegetarian Beans	1/8C	1/4C	1/2C	Carrot Sticks	1/8C	1/4C	1C	Green Beans	1/8C	1/4C	1/2C
P.M. SNACK:	Water				Water				Water				Water				Water			
CHOOSE 2 MILK, FLUID MEAT/MEAT ALTERNATE GRAIN/ BREAD	Yogurt	1/4C	1/4C	1/2C	Townhouse Crackers	4 ea	4 ea	8 ea	WG Tortilla Chips	4 ea	4 ea	8 ea	Vanilla Bear Grahams	1/2 pack	1/2 pack	1 pack	Graham Crackers #432190	2 ea	2 ea	4 ea
	WG Granola	1/2 bag	1/2 bag	1 bag	Sliced Cheese	1/2	1/2	1	Guacamole	Cond	Cond	Cond	Clementines	1.5	1.5	2	Banana	1/2	1/2	1
JUICE/FRUIT VEGETABLE								Red Pepper Strips or Carrot Sticks	1/2C	1/2C	3/4C									

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	Meatballs are to be cut for ALL ages
	All canned fruit are drained Raw carrots are steamed

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